

DM Lang

D-16 9,6 km 15 poster

1	0191	Marie Filtenborg	Skive AMOK	37551	1:24.22	
2	0182	Ann-Dorthe Lisbygd	Herlufsholm OK	37530	1:29.34	05.12
3	0189	Ida V. Jørgensen	Farum OK	37771	1:29.38	05.16
4	0186	Gry Johannsen	Silkeborg OK	37719	1:31.15	06.53
5	0188	Karina Boen Knudsen	Horsens OK	37752	1:31.28	07.06
6	0185	Sarah Naomi Thomsen	Horsens OK	37690	1:33.20	08.58
7	0183	Helle Holm Clausen	Odense OK	37709	1:35.56	11.34
8	0187	Gitte Mygind	OK Pan	37755	1:36.57	12.35
9	0190	Maj Christiansen	OK Pan	37795	1:44.31	20.09
10	0193	Helle Bobach	Aalborg OK	37596	1:50.38	26.16
11	0192	Sandra Bodilsen	Farum OK	37595	1:53.39	29.17
DISK	0181	Sofie Skammelsen	Silkeborg OK	37527		

D-18 10,47 km 16 poster

1	0245	Pernille Sommer	OK øst	37548	1:32.11	
2	0242	Ann Bille Simonsen	Farum OK	37753	1:37.08	04.57
3	0246	Lisa Hansen	OK FROS	37549	1:38.00	05.49
4	0249	Mette Skovhus	OK FROS	37593	1:39.54	07.43
5	0240	Christina Madsen	Tisvilde Hegn O	37689	1:48.56	16.45
6	0247	Tanja Boen Knudsen	Horsens OK	37581	1:52.56	20.45
7	0244	Julie Larsen	Tisvilde Hegn O	37778	1:55.03	22.52
8	0243	Karina Lorentzen	Ballerup OK	37763	1:57.05	24.54
9	0241	Pernille Kaas Ibsen	Ballerup OK	37685	2:01.05	28.54

D-20 12,22 km 19 poster

1	0220	Henriette F Andersen	HTF Haderslev	37542	1:38.35	
2	0227	Rikke Nygaard	HTF Haderslev	37772	1:42.48	04.13
3	0223	Didde Petersen	OK FROS	37684	1:46.17	07.42
4	0231	Kristina M Jensen	Viborg OK	37590	1:47.00	08.25
5	0222	Kamilla Kristensen	Horsens OK	37701	1:49.21	10.46
6	0234	Anne Konring Olesen	FIF Hillerød	37601	1:50.27	11.52
7	0232	Karina Hansen	HTF Haderslev	37589	1:56.01	17.26
8	0233	Helle Piil	Svendborg OK	37600	1:58.03	19.28
9	0225	Katrine Nielsen	Horsens OK	37756	2:09.48	31.13
10	0226	Marianne Bachhausen	FIF Hillerød	37762	2:11.04	32.29
11	0229	Anna Bobach	Aalborg OK	37547	2:14.58	36.23
12	0224	Christine Horstmann	Søllerød OK	37679	2:17.29	38.54
DISK	0221	Barbara Eriksen	OK Pan	37692		
DISK	0230	Stinne Skammelsen	Silkeborg OK	37582		

D21 15,1 km 24 poster

1	0215	Maria Modler Høyer	Kolding OK	37363	1:47.42	
2	0203	Charlotte Thrane	OK øst	37401	1:49.43	02.01
3	0209	Merete Bigum	Farum OK	37531	1:49.59	02.17
4	0212	Susanne Møller	FIF Hillerød	37434	1:51.08	03.26
5	0206	Julie Farmer	HSOK, Helsingør	37634	1:52.50	05.08
6	0213	Tine Rasmussen	Farum OK	37318	1:53.13	05.31
7	0210	Ulrika Ø Jørgensen	Kolding OK	37569	1:56.06	08.24
8	0204	Christina Hjøllund	OK Pan	37402	2:04.27	16.45

9	0214	Tina O Haarup	HTF Haderslev	37345	2:08.19	20.37
10	0208	Katalin Bolko	Odense OK	37459	2:16.25	28.43
11	0200	Pernille Husen	Farum OK	37386	2:20.21	32.39
12	0207	Marianne Seerup	Farum OK	37480	2:20.44	33.02
13	0205	Mette Møller Nielsen	Aalborg OK	37332	2:34.14	46.32
14	0202	Eva Smedegaard	OK 63	37368	3:04.10	1:16.28
DISK	0216	Helene Hausner	OK øst	37361		
DISK	0217	Yvonne Fjordside	OK Pan	37588		

D35 11,38 km 17 poster

1	0266	Søs Munch Hansen	Kolding OK	37693	1:27.08	
2	0262	Karen Jensen	OK øst	37567	1:31.25	04.17
3	0260	Guri Alm	HTF Haderslev	37566	1:36.15	09.07
4	0268	Mona L Rasmussen	HTF Haderslev	37734	1:39.03	11.55
5	0264	Birgitte Birck	Lillerød OK	37697	1:48.51	21.43
6	0265	Kirsten Hansen	HTF Haderslev	37747	1:50.31	23.23
7	0269	Lise Oline Larsen	Lillerød OK	37750	1:55.40	28.32
8	0270	Kate Hansen	OK SNAB	37579	1:56.33	29.25
9	0267	Hanne Lausen	Karup OK	37749	2:00.04	32.56
10	0261	Inger Lise Simonsen	Silkeborg OK	37597	2:03.09	36.01
DISK	0263	Ida Raun Petersen	Farum OK	37598		

D40 9,6 km 15 poster

1	0417	Inge Jensen	Odense OK	37727	1:16.07	
2	0418	Lene Jensen	HSOK, Helsingør	37735	1:16.57	00.50
3	0409	Kit Lang Jørgensen	Farum OK	37599	1:27.16	11.09
4	0413	Betty Folino	FIF Hillerød	37698	1:27.17	11.10
5	0412	Lone Dybdal	århus 1900	37694	1:29.16	13.09
6	0416	Tove Andersen	OK øst	37724	1:30.17	14.10
7	0422	Grethe A Nielsen	Viborg OK	37576	1:31.09	15.02
8	0410	Britt Christensen	Svendborg OK	37574	1:31.16	15.09
8	0411	Vivi Skovhus	Kolding OK	37573	1:31.16	15.09
10	0421	Jane Hansen	Odense OK	37587	1:33.18	17.11
11	0420	Susanne Sørensen	Silkeborg OK	37575	1:33.48	17.41
12	0419	Annlou Husen	Farum OK	37577	1:43.20	27.13
13	0423	Ninna K Andersen	OK øst	37612	1:43.34	27.27
14	0414	Hanne Jochumsen	OK Esbjerg	37696	1:43.55	27.48

D45 8,9 km 14 poster

1	0425	Janet Bentzen	OK øst	37369	1:18.20	
2	0424	Elin Holm Jensen	Horsens OK	37394	1:20.49	02.29
3	0436	Ellen Nielsen	Horsens OK	37627	1:23.08	04.48
4	0429	Bente Ingvarlsen	Holstebro OK	37461	1:28.49	10.29
5	0434	Birte Kjems	OK Esbjerg	37338	1:29.52	11.32
6	0428	Trille Ditlevsen	Horsens OK	37632	1:37.41	19.21
7	0437	Kirsten Bobach	Aalborg OK	37563	1:37.49	19.29
8	0435	Helle Truelsen	Holstebro OK	37320	1:39.46	21.26
9	0431	Susanne Gasbjerg	Silkeborg OK	37560	1:40.38	22.18
10	0430	Karen Magrethe Hansen	OK FROS	37540	1:58.11	39.51
11	0427	Nelly Skammelsen	Silkeborg OK	37311	1:59.50	41.30
12	0426	Winnie Ravn	Søllerød OK	37407	2:17.17	58.57

D50 7,33 km 14 poster

1	0465	Asta Terkelsen	OK Gorm	37478	1:06.04	
2	0454	Vibeke Bøgevig	Søllerød OK	37635	1:13.10	07.06
3	0461	Inge Jørgensen	OK Roskilde	37626	1:14.36	08.32
4	0463	Jette Stepputat	Lyngby OK	37650	1:18.21	12.17
5	0456	Kirsten Brunstedt	OK øst	37520	1:19.25	13.21
6	0455	Lilian Sørensen	OK Pan	37460	1:19.26	13.22
7	0457	Vibeke Vogelius	Silkeborg OK	37433	1:23.08	17.04
8	0460	Else Hass	OK Pan	37330	1:24.01	17.57
9	0452	Jette Bachhausen	FIF Hillerød	37420	1:31.17	25.13
10	0464	Edith Sørensen	Aalborg OK	37344	1:32.23	26.19
11	0453	Hanne Mortensen	Silkeborg OK	37364	1:32.56	26.52
12	0458	Isabelle Zerbe	Lillerød OK	37339	1:33.27	27.23
13	0451	Jette Sørensen	Svendborg OK	37373	1:37.35	31.31
14	0450	Lisbeth Jensen	Ballerup OK	37673	1:43.26	37.22
15	0462	Anna Munksgaard	OK Uldjyderne	37555	2:28.52	1:22.48

D55 6,25 km 12 poster

1	0480	Ellis Byrgiel Sommer	OK øst	37526	54.41	
2	0477	Jytte Kongstad	Farum OK	37663	1:05.16	10.35
3	0483	Inge Nielsen	OK 73	37775	1:06.16	11.35
4	0479	Lise Flindt Pedersen	OK Pan	37543	1:16.31	21.50
5	0482	Annelise Hansen	FIF Hillerød	37683	1:18.04	23.23
6	0484	Rita Jacobsen	Kolding OK	37770	1:20.53	26.12
7	0481	Aase Neregaard	Tisvilde Hegn O	37707	1:22.44	28.03
8	0476	Lisbeth Møller Nielsen	OK Pan	37665	1:23.06	28.25
9	0478	Silke Bohlbro	OK Syd	37468	1:26.05	31.24
10	0485	Betty Hansen	Hviding OK	37802	1:34.33	39.52
11	0475	Susan Tamberg	Ballerup OK	37492	1:45.15	50.34
DISK	0474	Else Pedersen	OK West	37644		
DISK	0486	Erna Mathiasen	OK Uldjyderne	37556		

H-16 11,92 km 18 poster

1	0175	Dennis Lisbygd	Herlufsholm OK	37481	1:19.40	
2	0172	Anders Vejgaard Jensen	Ballerup OK	37525	1:25.54	06.14
3	0170	Tim Christoffersen	Horsens OK	37486	1:29.37	09.57
4	0176	Thomas Skovenborg	Holstebro OK	37347	1:34.21	14.41
5	0171	Andre Gautier	Lyngby OK	37466	1:37.26	17.46
6	0178	Lasse Staffensen	OK Pan	37319	1:37.48	18.08
7	0164	Tue Lassen	Faaborg OK	37670	1:39.23	19.43
8	0174	Mikkel Mørch	HSOK, Helsingør	37571	1:40.15	20.35
9	0166	Christian Christensen	St. Binderup OK	37399	1:42.56	23.16
10	0168	Erik Mygind	OK Pan	37323	1:48.37	28.57
11	0165	Andreas Beck-Andersen	Farum OK	37380	1:50.08	30.28
12	0167	Thorbjørn Christensen	Svendborg OK	37421	1:50.17	30.37
13	0177	Rasmus Søes	Farum OK	37326	1:52.05	32.25
14	0180	Tue H. Mogensen	St. Binderup OK	37628	2:00.21	40.41
15	0169	Martin Hansen	OK FROS	37647	2:01.44	42.04
16	0163	Johan Mac Lassen	St. Binderup OK	37396	2:17.10	57.30
DISK	0173	Jonathan Borup Jacobsen	St. Binderup OK	37522		
DISK	0179	Anders Bank	OK Esbjerg	37356		

H-18 15,4 km 25 poster

1	0098	Steen Piil	Svendborg OK	37534	1:39.21	
2	0096	Anders Søndergaard	Søllerød OK	37639	1:40.13	00.52
3	0100	Jacob Grønnegaard	Farum OK	37572	1:41.40	02.19
4	0101	Peter Horstmann	Søllerød OK	37441	1:41.53	02.32
5	0097	Bjarke Refslund	Skive AMOK	37465	1:45.03	05.42
6	0091	Poul Gautier	Lyngby OK	37671	1:49.09	09.48
7	0095	Nicolai Lyngaa	OK Uldjyderne	37358	1:49.36	10.15
8	0093	Bjarke Jensen	OK Uldjyderne	37403	1:51.40	12.19
9	0102	Esben Andersen	Farum OK	37440	1:56.00	16.39
10	0099	Rasmus Oscar	Faaborg OK	37532	1:58.46	19.25
11	0090	Jesper Hoffmann	OK FROS	37686	2:00.29	21.08
12	0094	Kristian Hansen	FIF Hillerød	37335	2:04.23	25.02
13	0092	Lars Poulsen	Skive AMOK	37371	2:32.55	53.34

H-20 19,63 km 30 poster

1	0085	Henrik Jørgensen	Viborg OK	37653	1:57.24	
2	0080	Jakob Hansen	FIF Hillerød	37797	1:59.27	02.03
3	0086	Christian Nielsen	Aalborg OK	37504	2:01.00	03.36
4	0087	Rune Olsen	Søllerød OK	37703	2:02.11	04.47
5	0083	Gintas Bloze	Odense OK	37722	2:02.23	04.59
6	0081	Mikkel Lund	Faaborg OK	37800	2:08.52	11.28
7	0084	Ulrik Lassen	Faaborg OK	37723	2:10.50	13.26
8	0078	Rune Monrad	Søllerød OK	37405	2:14.54	17.30
9	0071	Søren Skovrider	Mariager OK	37374	2:18.17	20.53
10	0070	Asger Nielsen	OK øst	37485	2:20.40	23.16
11	0072	Troels Lassen	Faaborg OK	37502	2:31.42	34.18
12	0076	Johan Aagaard	Farum OK	37423	2:32.43	35.19
13	0074	Anders Bøstrup	OK Djurs	37350	2:34.30	37.06
14	0082	Christian Hansen	OK Djurs	37615	2:34.49	37.25
15	0075	Kennet Buch	OK Gorm	37508	2:48.44	51.20
DISK	0077	Martin Søvang	Horsens OK	37425		
DISK	0079	Lars Lindstrøm	HTF Haderslev	37449		

H21 27,54 km

1	0031	Flemming Jørgensen	Farum OK	37507	2:27.48	
2	0057	Cris Terkelsen	OK Gorm	37787	2:29.07	01.19
3	0041	Peter Hansen	FIF Hillerød	37514	2:33.14	05.26
4	0049	Rene Rokkjær	OK Pan	37529	2:37.48	10.00
5	0037	Jesper D Jensen	Tisvilde Hegn O	37617	2:45.22	17.34
6	0053	Troels Nielsen	Horsens OK	37682	2:45.51	18.03
7	0038	Bjarne Hoffmann	Kolding OK	37804	2:51.59	24.11
8	0050	Torben Nørgaard	Farum OK	37528	2:55.19	27.31
9	0001	Michael Sørensen	OK øst	37390	2:56.32	28.44
10	0046	Ulrik Staugaard	Kolding OK	37463	2:58.35	30.47
11	0039	Ebbe Møller Nielsen	OK Pan	37733	3:01.28	33.40
12	0045	Jesper Fenger Grøn	OK Pan	37664	3:02.16	34.28
13	0042	Johan Jessien Fegar	OK Pan	37489	3:03.49	36.01
14	0044	Julian Hollingbery	Farum OK	37662	3:03.53	36.05
15	0022	Lars Nielsen	Hviding OK	37651	3:06.02	38.14
16	0018	Michael Sommer	OK øst	37629	3:06.33	38.45
17	0060	Jesper Grooss	OK øst	37591	3:06.35	38.47
18	0036	Søren Saxtorph	Ballerup OK	37806	3:06.55	39.07

19	0048	Lars Christiansen	Farum OK	37471	3:07.10	39.22
20	0028	Anders Schmidt	Farum OK	37494	3:09.47	41.59
21	0005	Mikkel Dreyer	HSOK, Helsingør	37400	3:12.06	44.18
22	0026	Poul Mouritsen	Kolding OK	37391	3:12.56	45.08
23	0056	Flemming Thyssen	Horsens OK	37764	3:15.56	48.08
24	0013	Henrik Møller	Tisvilde Hegn O	37476	3:22.38	54.50
25	0027	Søren Bøgevig	Søllerød OK	37376	3:24.55	57.07
26	0011	Jan Scheel	OK Pan	37521	3:26.06	58.18
27	0007	Mads Mikkelsen	Ballerup OK	37638	3:27.46	59.58
28	0009	Jes Mose Jensen	Dronningens Liv	37467	3:28.08	1:00.20
29	0054	Claus Lyngby	OK Gorm	37680	3:38.30	1:10.42
30	0015	Morten Kjær	Politietis IF K	37313	3:38.52	1:11.04
31	0024	Lars Rasmussen	Ballerup OK	28777	3:39.49	1:12.01
32	0008	Thomas Eriksen	Herlufsholm OK	37637	3:41.12	1:13.24
33	0040	Tim Falck Weber	Tisvilde Hegn O	37641	3:44.32	1:16.44
34	0003	Claus Cederberg	Ballerup OK	37377	3:48.23	1:20.35
35	0023	Patrick Mc Grail	Horsens OK	37349	3:51.27	1:23.39
36	0004	Michael K Sørensen	OK Pan	37378	3:54.36	1:26.48
DISK	0002	Henrik Markvardsen	Tisvilde Hegn O	37676		
DISK	0012	Jan Poulsen	Ballerup OK	37519		
DISK	0014	Kim Rokkjær	OK Pan	37324		
DISK	0019	Benny Lund	Aalborg OK	37619		
DISK	0020	Thomas Meyer	FIF Hillerød	37553		
DISK	0025	Morten Netteberg	Dronningens Liv	37474		
DISK	0029	Kristian Kærsgaard	Ballerup OK	37333		
DISK	0032	Ole Lind	Ballerup OK	37416		
DISK	0035	Morten Fenger Grøn	OK Pan	37455		
DISK	0047	Martin Hansen	Horsens OK	37472		
DISK	0051	Carsten Thyssen	Horsens OK	37715		
DISK	0052	Claus Bobach	Aalborg OK	37716		
DISK	0058	Mads Kjær Ingvardsen	Holstebro OK	37558		
DISK	0059	Jesper Jensen	Farum OK	37559		

H35 19,63 km 30 poster

1	0130	Helge L. Pedersen	Farum OK	37661	2:05.18	
2	0128	Lars Jensen	OK øst	37580	2:09.40	04.22
3	0120	Søren Maarup	OK Pan	37570	2:14.34	09.16
4	0115	Torben Utzon	OK Pan	37365	2:15.52	10.34
5	0125	Bjarne Topp	OK øst	37322	2:22.40	17.22
6	0118	Jens Bentsen	OK øst	37533	2:22.46	17.28
7	0117	Per Filskov	Odense OK	37457	2:25.07	19.49
8	0116	Morten Jensen	Silkeborg OK	37633	2:26.42	21.24
9	0123	Arne Kristensen	Herlufsholm OK	37355	2:32.33	27.15
10	0113	Jesper Børsting	Herlufsholm OK	37422	2:47.27	42.09
11	0122	Thomas Ulner	OK Djurs	37314	2:59.12	53.54
12	0112	Kim Kongstad	Odense OK	37379	3:00.55	55.37
13	0110	Frank Rasmussen	Ballerup OK	37672	3:03.48	58.30
14	0111	Kim Linde	OK FROS	37675	3:15.01	1:09.43
15	0127	Bjarne Kristensen	Herlufsholm OK	37630	3:30.59	1:25.41
16	0119	Kaj Munck	Herlufsholm OK	37535	3:32.18	1:27.00
17	0131	Ole Jensen	Mariager OK	37652	3:36.49	1:31.31
18	0121	Lars Humle	Dronningens Liv	37482	3:43.14	1:37.56
19	0114	Kim Aage Nielsen	Dronningens Liv	37366	4:17.36	2:12.18

DISK 0126 Jan Møller Kolding OK 37328

H40 16,41 km 27 poster

1	0144	John Skovbjerg	OK Pan	37503	1:44.46	
2	0157	Svend Erik Mathiassen	OK Pan	37491	1:46.21	01.35
3	0143	Erik Bobach	Silkeborg OK	37315	1:47.11	02.25
4	0159	Kresten Madsen	Odense OK	37714	1:53.44	08.58
5	0156	Torben Seir Hansen	HSOK, Helsingør	37643	1:54.11	09.25
6	0138	Mogens Hald	OK Uldjyderne	37544	1:58.03	13.17
7	0133	Ole Gadsbølle Larsen	OK Esbjerg	37342	2:03.58	19.12
8	0161	Jess Rasmussen	FIF Hillerød	37687	2:04.45	19.59
9	0135	Lars Munch	OK SNAB	37552	2:05.02	20.16
10	0146	Torkil Hansen	Politietis IF K	37515	2:05.15	20.29
11	0141	Bent Hansen	Skagen OK	37473	2:07.49	23.03
12	0137	Søren Larsen	FIF Hillerød	37660	2:11.06	26.20
13	0160	Leif Giebel	HTF Haderslev	37666	2:12.23	27.37
14	0132	Karsten Knudsen	Horsens OK	37348	2:13.39	28.53
15	0149	Lars Sørensen	FIF Hillerød	37406	2:18.49	34.03
16	0155	Kim Gottlieb	OK Uldjyderne	37656	2:20.21	35.35
17	0136	Jørgen Honen	ROK	37554	2:22.23	37.37
18	0154	Jens Christensen	St. Binderup OK	37730	2:23.17	38.31
19	0162	Arne Nygaard	OK West	37487	2:24.31	39.45
20	0134	Svend-Erik Munck	Herlufsholm OK	37620	2:32.47	48.01
21	0140	Henrik Thomsen	Horsens OK	37475	2:33.30	48.44
22	0142	Frans Andersen	Herlufsholm OK	37427	2:37.19	52.33
23	0147	Palle Cavan	OK West	37417	2:46.08	1:01.22
24	0152	Torben Hansen	OK FROS	37605	2:57.15	1:12.29
25	0148	Hans Jochumsen	OK Esbjerg	37426	3:01.12	1:16.26
DISK	0145	Jan Jakobsen	OK øst	37316		
DISK	0151	Rolf Lund	HSOK, Helsingør	37801		
DISK	0153	Jens Kristian Kjærgaard	OK Pan	37614		

H45 15,10 km 24 poster

1	0288	Leif E Larsen	Tisvilde Hegn O	37409	1:39.54	
2	0306	Arne Moe-Jensen	Viborg OK	37708	1:50.13	10.19
3	0314	Niels Møller Petersen	OK FROS	37546	1:50.52	10.58
4	0290	Erik Nysom	Silkeborg OK	37456	1:52.15	12.21
5	0308	Gunnar Grue-Sørensen	Tisvilde Hegn O	37681	1:55.20	15.26
6	0282	Jens Jørgen Jensen	OK Uldjyderne	37393	1:56.45	16.51
7	0311	Knud Fjordvald	Silkeborg OK	37794	1:56.54	17.00
8	0284	Flemming Wendelboe	HSOK, Helsingør	37343	1:57.40	17.46
9	0301	Keld Abrahamsen	århush 1900	37488	1:58.00	18.06
10	0281	Jørgen Klausen	OK Syd	37383	1:59.59	20.05
11	0300	Kurt Petersen	Odense Politiiis	37688	2:00.00	20.06
12	0289	Niels F Mortensen	Skive AMOK	37444	2:00.28	20.34
13	0310	Anders Ingvar Jensen	Holstebro OK	37754	2:02.50	22.56
14	0305	Emil Olesen	FIF Hillerød	37699	2:03.00	23.06
15	0298	Leif Jensen	OK Skærmn	37713	2:04.13	24.19
16	0299	Jørgen Jørgensen	Viborg OK	37702	2:05.36	25.42
17	0287	Hans R Vendelbjerg	OK Pan	37418	2:06.23	26.29
18	0279	Tonny Schwærter	OK Esbjerg	37359	2:06.29	26.35
18	0292	Jørgen Damtoft	Holstebro OK	37607	2:06.29	26.35
20	0313	Sten Ejsing	OK Pan	37557	2:06.36	26.42

21	0286	Bjarne Rasmussen	Odense Politiis	37518	2:09.16	29.22
22	0277	John V Holm	OK Pan	37659	2:09.52	29.58
23	0309	Hans Henrik Christensen	århus 1900	37776	2:10.16	30.22
24	0283	Bjarne Christensen	Svendborg OK	37496	2:12.00	32.06
25	0293	Keld Gade	Viborg OK	37731	2:13.08	33.14
26	0296	Frode Harritz	Karup OK	37505	2:20.27	40.33
27	0294	Ole Skov-Nielsen	Svendborg OK	37728	2:20.37	40.43
28	0285	Erik Bach Andersen	Skive AMOK	37509	2:21.36	41.42
29	0291	Frede Scheye	Herlufsholm OK	37803	2:25.32	45.38
30	0304	Kristian Toustrup	OK Syd	37536	2:27.10	47.16
31	0280	Torsten Grange	Farum OK	37479	2:29.53	49.59
32	0312	Helmuth Hansen	Herlufsholm OK	37786	2:32.37	52.43
33	0295	Claus Thomsen Boe	Odense OK	37646	2:34.21	54.27
34	0276	Johannes Møller	Herlufsholm OK	37649	2:57.34	1:17.40
35	0297	Henning Davidsen	Herlufsholm OK	37493	3:07.49	1:27.55
36	0307	Poul Grøn	Mariager OK	37717	3:10.58	1:31.04
37	0302	Viggo Poulsen	Skive AMOK	37510	3:12.50	1:32.56
DISK	0278	Morten Lassen	Faaborg OK	18810		
DISK	0303	Gerhard Jensen	Odense OK	37470		

H50 12,61 km 20 poster

1	0323	Bent Jensen	Odense OK	37524	1:28.14	
2	0343	Finn Jørgensen	HTF Haderslev	37357	1:29.26	01.12
3	0341	K K Terkelsen	OK Gorm	37511	1:31.52	03.38
4	0350	Janne Brunstedt	OK øst	37606	1:32.39	04.25
5	0353	Svend Erik Munksgaard	OK Uldjyderne	37642	1:35.22	07.08
6	0316	John Tripax	Holbæk OK	37370	1:38.50	10.36
7	0328	Klaus Olsen	Søllerød OK	37310	1:41.31	13.17
8	0337	Niels Landsperg	Tisvilde Hegn O	31132	1:42.27	14.13
9	0321	Gunnar Klaris	Karup OK	37636	1:42.52	14.38
10	0329	Flemming Nørgaard	OK Pan	37353	1:46.14	18.00
11	0331	Per Søgaard	Odense OK	37321	1:47.18	19.04
12	0351	Peter Vilstrup	Køge OK	37608	1:48.35	20.21
13	0315	Karsten Schultz	OK Stengaarden	37678	1:50.04	21.50
14	0352	Ronnie Mc Grail	Randers OK	37729	1:50.45	22.31
15	0354	Frede Truelsen	Holstebro OK	37655	1:50.58	22.44
16	0359	Jens Ibsen	Svendborg OK	37669	1:51.02	22.48
17	0333	Niels Tulinius	OK Stengaarden	37562	1:52.39	24.25
18	0339	Jørgen Olesen	Odense Politiis	37477	1:54.54	26.40
19	0334	Poul Bobach	Aalborg OK	37561	1:55.40	27.26
20	0346	Kjeld Simonsen	OK Djurs	37411	1:56.11	27.57
21	0355	Ole Thy	St. Binderup OK	37490	1:56.19	28.05
22	0326	Carsten O Jørgensen	HTF Haderslev	37443	1:56.32	28.18
23	0325	Preben Lupnaav	Herlufsholm OK	37568	1:58.28	30.14
24	0342	Louis A. Sørensen	OK Esbjerg	37325	1:58.42	30.28
25	0335	Henning Larsen	Horsens OK	37657	1:59.12	30.58
26	0332	Knud Vogelius	Silkeborg OK	37618	1:59.36	31.22
27	0345	Tage Baun	Horsens OK	37424	1:59.45	31.31
28	0338	Carl Ditlevsen	Horsens OK	37484	2:01.51	33.37
29	0319	Svend Erik Jensen	OK Skærmen	37367	2:02.22	34.08
30	0344	Niels-Henrik Holscher	OK 63	37501	2:02.45	34.31
31	0327	Knud Torm	OK Skærmen	37327	2:04.41	36.27
32	0336	Jørn F Andersen	HTF Haderslev	37351	2:05.42	37.28

33	0322	Aage Damsgaard	Fredensborg OK	37458	2:07.56	39.42
34	0320	Robert Simonsen	OK Roskilde	37648	2:08.31	40.17
35	0349	Per Jessen Klixbull	OK Pan	37799	2:09.04	40.50
36	0317	Jørgen Bigum	Farum OK	37372	2:16.04	47.50
37	0348	Leif Nørgaard	Viborg OK	37448	2:18.38	50.24
38	0347	Steen Sørensen	OK Skærmø	37410	2:19.29	51.15
39	0358	Mogens Jørgensen	Søllerød OK	37667	2:23.18	55.04
40	0340	Niels Henrik Olesen	Holstebro OK	37382	2:26.52	58.38
41	0357	Poul Larsen	OK Esbjerg	37705	2:27.41	59.27
DISK	0318	Per Christensen	Kolding OK	37419		
BRUTT	0324	Ole Husen	Farum OK	37539		
DISK	0356	Eigil Skammelsen	Silkeborg OK	37704		

H55 11,92 km 18 poster

1	0363	Jørn Thomsen	OK Gorm	37317	1:30.40	
2	0382	Arne Grøndahl	Søllerød OK	37710	1:30.56	00.16
3	0371	Niels Nysom	OK Uldjyderne	37404	1:36.13	05.33
4	0383	Finn Søndergaard	Randers OK	37706	1:38.14	07.34
5	0369	Gert Bøgevig	Søllerød OK	37506	1:39.46	09.06
6	0365	Henning Nielsen	Farum OK	37384	1:44.00	13.20
7	0388	H V Jensen	Odense OK	37538	1:44.03	13.23
8	0376	Arne Pedersen	Randers OK	37603	1:44.46	14.06
9	0386	Ole Svendsen	Køge OK	37462	1:45.19	14.39
10	0380	Ole Hoffmann	OK FROS	37499	1:49.25	18.45
11	0366	Hans Jørgen Simonsen	OK Pan	37381	1:54.41	24.01
12	0362	Erik Jensen	Silkeborg OK	35315	1:57.24	26.44
13	0381	Erland Skøt	Hviding OK	37498	1:57.57	27.17
14	0364	Henning Gudmandsen	FIF Hillerød	37483	1:58.15	27.35
15	0384	Niels Lyhne	Herlufsholm OK	37668	2:02.00	31.20
16	0361	Aksel Skovlyst	Faaborg OK	37609	2:08.38	37.58
17	0377	Bent Schou	OK Vendelboerne	37732	2:09.59	39.19
18	0385	Holger Mikkelsen	Odense OK	37464	2:10.08	39.28
19	0367	Kai Hansen	OK Djurs	37513	2:13.27	42.47
20	0375	Palle Møller Nielsen	Odense OK	37805	2:16.30	45.50
DISK	0370	Finn Hother Madsen	OK Pan	37517		
DISK	0379	Asger Kristensen	OK Uldjyderne	37654		
DISK	0387	Mogens Jakobsen	Søllerød OK	37537		

H60 10,47 km 16 poster

1	0390	Bent Mortensen	OK 73	37746	1:30.02	
2	0402	Preben Christiansen	Odense OK	37611	1:32.26	02.24
3	0392	Kai Ø Laursen	Aalborg OK	37695	1:32.56	02.54
4	0407	Egon Neregaard	Tisvilde Hegn O	37610	1:33.23	03.21
5	0399	Gunnar Tamberg	Ballerup OK	37584	1:38.59	08.57
6	0404	Jack Skrydstrup	Kolding OK	37624	1:39.46	09.44
7	0396	Alfred Bech	OK Pan	37583	1:44.49	14.47
8	0395	Jørgen Voigt Arnsted	Odense OK	37757	1:45.11	15.09
9	0408	Keld B Nielsen	HTF Haderslev	37604	1:47.00	16.58
10	0389	Karsten Hinge	OK Pan	37744	1:52.13	22.11
11	0393	Bent Børsting	Herlufsholm OK	37725	1:52.55	22.53
12	0400	Preben M Eriksen	Viborg OK	37585	1:53.25	23.23
13	0391	Bent Jacobsen	Kolding OK	37745	1:56.08	26.06
14	0403	Søren Nørgaard	Svendborg OK	37623	1:57.02	27.00

15	0405	Holger Karlsrose	Farum OK	37625	1:59.29	29.27
16	0406	Ove Lund	Faaborg OK	37622	2:02.38	32.36
17	0397	Niels Mortensen	OK Gorm	37586	2:09.54	39.52
18	0401	Ib Knudsen	Viborg OK	37613	2:13.30	43.28
19	0398	Vagn Lidegaard	St. Binderup OK	37578	2:26.41	56.39

H65 8,9 km 14 poster

1	0443	Jakob Ravn	Horsens OK	37408	1:16.19	
2	0439	Palle Bay	Køge OK	37392	1:23.09	06.50
3	0446	Ernst Dahl	OK Uldjyderne	37796	1:23.31	07.12
4	0440	Ole Hansen	OK 73	37495	1:33.07	16.48
5	0444	Børge Jørgensen	Faaborg OK	37428	1:35.59	19.40
6	0447	Kurt Dose	Køge OK	37602	1:39.31	23.12
7	0442	Bjørn Mømsen	Silkeborg OK	37516	1:41.56	25.37
8	0445	Nils Jansson	Randers OK	37445	1:42.03	25.44
9	0448	Jørgen Poulsen	OK 73	37721	1:45.58	29.39
10	0438	Frede Hansen	OK Syd	37469	1:46.50	30.31

H70 6,8 km 14 poster

1	0469	Rasmus Lykkegaard	Silkeborg OK	37415	1:16.45	
2	0467	Ib Glud Konradsen	Søllerød OK	37352	1:16.52	00.07
3	0468	Henrik Justesen	OK Syd	37523	1:19.52	03.07
4	0473	Egil Andersen	FIF Hillerød	37616	1:23.03	06.18
5	0471	Helge Ove Jørrald	OK SNAB	37450	1:35.09	18.24
6	0466	Thorkild Nielsen	Faaborg OK	37497	1:39.47	23.02
DISK	0472	H C Larsen	OK Esbjerg	37798		