

DM-Lang

D-16 9400 meter 16 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|-------------------------|-------------------|--------|---------|--------|
| 1 | Rikke Stamp | Odense O-klub | D-16 | 1:09:04 | 7.3 |
| 2 | Signe Søes | Farum OK | D-16 | 1:09:55 | 7.4 |
| 3 | Ann-Dorthe Lisbygd | Herlufsholm Oklub | D-16 | 1:13:42 | 7.8 |
| 4 | Karina Boen Knudsen | Horsens OK | D-16 | 1:15:02 | 8.0 |
| 5 | Louise Petersen | Odense O-klub | D-16 | 1:20:20 | 8.5 |
| 6 | Susanne V. Jørgensen | Farum OK | D-16 | 1:20:33 | 8.6 |
| 7 | Sofie Skammelsen | Silkeborg OK | D-16 | 1:20:34 | 8.6 |
| 8 | Gry Johannsen | Silkeborg OK | D-16 | 1:22:17 | 8.8 |
| 9 | Ida V. Jørgensen | Farum OK | D-16 | 1:23:32 | 8.9 |
| 10 | Sarah Naomi Thomsen | Horsens OK | D-16 | 1:24:49 | 9.0 |
| 11 | Sandra Jarskov Bodilsen | Farum OK | D-16 | 1:38:16 | 10.5 |
| | Maria Konrig Olesen | FIF Hillerød | D-16 | Udgået | |

D-18 10300 meter 15 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|---------------------|------------------|--------|----------|--------|
| 1 | Pernille Kaas Ibsen | Ballerup OK | D-18 | 1:20:56 | 7.9 |
| 2 | Lisa Hansen | Kolding OK | D-18 | 1:23:01 | 8.1 |
| 3 | Marie Filtenborg | Skive AMOK | D-18 | 1:25:34 | 8.3 |
| 4 | Pernille Sommer | OK Øst | D-18 | 1:27:19 | 8.5 |
| 5 | Julie Larsen | Tisvilde Hegn OK | D-18 | 1:30:44 | 8.8 |
| 6 | Maj Christiansen | OK Pan | D-18 | 1:34:29 | 9.2 |
| 7 | Christina Madsen | Tisvilde Hegn OK | D-18 | 1:45:49 | 10.3 |
| 8 | Camilla Bachhausen | FIF Hillerød | D-18 | 2:23:05 | 13.9 |
| | Tanja Boen Knudsen | Kolding OK | D-18 | Ej start | |
| | Helle Holm Clausen | Odense O-klub | D-18 | Ej start | |

D-20 13300 meter 19 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|----------------------|------------------|--------|----------|--------|
| 1 | Rie Baun-Christensen | Farum OK | D-20 | 1:45:37 | 7.9 |
| 2 | Stinne Skammelsen | Silkeborg OK | D-20 | 1:45:58 | 8.0 |
| 3 | Iryna Kuprianova | Farum OK | D-20 | 1:47:10 | 8.1 |
| 4 | Rikke Nygaard | OK HTF Haderslev | D-20 | 1:49:33 | 8.2 |
| 5 | Marianne Bachhausen | FIF Hillerød | D-20 | 2:32:17 | 11.4 |
| | Mette Skovhus | Kolding OK | D-20 | Ej start | |

D21 16500 meter 26 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|--------------------|--------------|--------|---------|--------|
| 1 | Dorte Dahl | FIF Hillerød | D21 | 1:44:34 | 6.3 |
| 2 | Helene Hausner | OK Øst | D21 | 1:45:27 | 6.4 |
| 3 | Maria Modler Høyer | Kolding OK | D21 | 1:51:13 | 6.7 |
| 4 | Susanne Møller | FIF Hillerød | D21 | 1:51:16 | 6.7 |
| 5 | Yvonne Fjordside | OK Pan | D21 | 1:51:38 | 6.8 |
| 6 | Tine Rasmussen | Farum OK | D21 | 1:56:46 | 7.1 |

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|----|-----------------------|-------------------|-----|----------|------|
| 7 | Merete Bigum | Farum OK | D21 | 2:03:13 | 7.5 |
| 8 | Marianne Lyngø | Kolding OK | D21 | 2:03:22 | 7.5 |
| 9 | Julie Farmer | HSOK | D21 | 2:03:47 | 7.5 |
| 10 | Randi Scheel | OK Pan | D21 | 2:05:09 | 7.6 |
| 11 | Bodil Karlsmose | Farum OK | D21 | 2:11:19 | 8.0 |
| 12 | Marianne Seerup | Farum OK | D21 | 2:16:54 | 8.3 |
| 13 | Rikke Nørgaard | OK Pan | D21 | 2:21:26 | 8.6 |
| 14 | Pernille Husen | Farum OK | D21 | 2:32:32 | 9.2 |
| 15 | Dorte Torpe Hansen | Farum OK | D21 | 2:38:17 | 9.6 |
| 16 | Tine Alkjær | Herlufsholm Oklub | D21 | 2:49:14 | 10.3 |
| | Mette Møller Nielsen | Aalborg OK | D21 | Ej start | |
| | Henriette Broman | Ballerup OK | D21 | Ej start | |
| | Inge Lise Hollingbery | HSOK | D21 | Ej start | |
| | Charlotte Thrane | OK Øst | D21 | Ej start | |
| | Christina Grøndahl | Søllerød OK | D21 | Ej start | |
| | Mette P. Larsen | FIF Hillerød | D21 | Udgået | |
| | Eva Smedegaard | OK Sorø | D21 | Udgået | |
| | Katalin Bolko | Odense O-klub | D21 | Udgået | |
| | Henriette F. Andersen | OK HTF Haderslev | D21 | Udgået | |
| | Karina Romanow Hansen | Farum OK | D21 | Udgået | |

D35 13900 meter 22 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|--------------------|--------------------|--------|---------|--------|
| 1 | Søs Munch Hansen | Kolding OK | D35 | 1:41:44 | 7.3 |
| 2 | Karen Jensen | OK Øst | D35 | 1:50:41 | 8.0 |
| 3 | Charlotte Bergmann | Lillerød IF O-afd. | D35 | 2:05:46 | 9.0 |
| 4 | Anne Mette Oddsen | OK 73 | D35 | 2:11:23 | 9.5 |
| 5 | Kirsten Hansen | OK HTF Haderslev | D35 | 2:12:01 | 9.5 |
| 6 | Lisbeth Andersen | Køge OK | D35 | 2:12:53 | 9.6 |
| 7 | Mona Nielsen | Søllerød OK | D35 | 2:32:54 | 11.0 |
| | Lise Oline Larsen | Lillerød IF O-afd. | D35 | Udgået | |
| | Guri Alm | OK HTF Haderslev | D35 | Udgået | |

D40 10300 meter 15 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|--------------------|------------------|--------|---------|--------|
| 1 | Inge Jensen | Odense O-klub | D40 | 1:17:15 | 7.5 |
| 2 | Lene Jensen | HSOK | D40 | 1:18:52 | 7.7 |
| 3 | Dorthe Hansen | Silkeborg OK | D40 | 1:21:21 | 7.9 |
| 4 | Ingrid Johannsen | Silkeborg OK | D40 | 1:22:47 | 8.0 |
| 5 | Mona L. Rasmussen | OK HTF Haderslev | D40 | 1:23:20 | 8.1 |
| 6 | Jane Hansen | Odense O-klub | D40 | 1:29:29 | 8.7 |
| 7 | Tove Andersen | OK Øst | D40 | 1:31:27 | 8.9 |
| 8 | Bodil Schulz | Uldjyderne | D40 | 1:35:44 | 9.3 |
| 9 | Eva Koring Olesen | FIF Hillerød | D40 | 1:35:54 | 9.3 |
| 10 | Anne Marie Topp | OK Øst | D40 | 1:38:41 | 9.6 |
| 11 | Anne-Mette El-Azem | Holbæk OK | D40 | 2:15:55 | 13.2 |

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|-------------------|------------|-----|----------|
| Grethe A. Nielsen | Viborg OK | D40 | Ej start |
| Lone Dybdal | Århus 1900 | D40 | Ej start |

D45 9900 meter 16 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|--------------------------|-------------------|--------|----------|--------|
| 1 | Janet Bentzen | OK Øst | D45 | 1:22:33 | 8.3 |
| 2 | Erna Søndergaard | Farum OK | D45 | 1:35:02 | 9.6 |
| 3 | Birgit Hausner | SG | D45 | 1:39:04 | 10.0 |
| 4 | Bente Ingvarlsen | Holstebro OK | D45 | 1:42:04 | 10.3 |
| 5 | Trille Ditlevsen | Horsens OK | D45 | 1:42:43 | 10.4 |
| 6 | Susanne Gasbjerg | Silkeborg OK | D45 | 1:46:57 | 10.8 |
| 7 | Anna Rasmussen | OK-DJURS | D45 | 1:54:21 | 11.6 |
| 8 | Nelly Skammelsen | Silkeborg OK | D45 | 2:02:39 | 12.4 |
| 9 | Maja Sørensen | FIF Hillerød | D45 | 2:09:15 | 13.1 |
| 10 | Winnie Ravn | Søllerød OK | D45 | 2:13:41 | 13.5 |
| 11 | Merete Ravnshøj Andersen | Herlufsholm Oklub | D45 | 2:15:10 | 13.7 |
| 12 | Bente Madsen | Tisvilde Hegn OK | D45 | 2:17:03 | 13.8 |
| | Anni Jensen | Uldjyderne | D45 | Ej start | |

D50 9400 meter 16 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|-------------------|--------------------|--------|----------|--------|
| 1 | Elin Holm Jensen | Horsens OK | D50 | 1:24:44 | 9.0 |
| 2 | Vibeke Bøgevig | Søllerød OK | D50 | 1:24:57 | 9.0 |
| 3 | Ellen Nielsen | Horsens OK | D50 | 1:27:30 | 9.3 |
| 4 | Inge Jørgensen | OK Roskilde | D50 | 1:28:07 | 9.4 |
| 5 | Alice Bech | OK 73 | D50 | 1:30:44 | 9.7 |
| 6 | Lotte Hjort | Faaborg OK | D50 | 1:34:16 | 10.0 |
| 7 | Asta Terkelsen | OK Gorm | D50 | 1:35:06 | 10.1 |
| 8 | Birte Kjems | OK Esbjerg | D50 | 1:35:27 | 10.2 |
| 9 | Ann Dorrit Hansen | OK-DJURS | D50 | 1:36:06 | 10.2 |
| 10 | Isabella Zerbe | Lillerød IF O-afd. | D50 | 1:37:33 | 10.4 |
| 11 | Else Gudme | OK 73 | D50 | 1:37:56 | 10.4 |
| 12 | Ulla Hooge | OK Skærmø | D50 | 1:38:15 | 10.5 |
| 13 | Dorte Dam | Kildeholm OK | D50 | 1:42:14 | 10.9 |
| 14 | Ellen Thisted | Søllerød OK | D50 | 1:44:39 | 11.1 |
| 15 | Else Hass | OK Pan | D50 | 1:45:10 | 11.2 |
| 16 | Lilian Sørensen | OK Pan | D50 | 1:46:01 | 11.3 |
| 17 | Kirsten Brunstedt | OK Øst | D50 | 1:46:27 | 11.3 |
| 18 | Inger Kirkegaard | Tisvilde Hegn OK | D50 | 1:48:27 | 11.5 |
| 19 | Jette Sørensen | Svendborg OK | D50 | 1:51:25 | 11.9 |
| 20 | Jette Bachhausen | FIF Hillerød | D50 | 1:54:01 | 12.1 |
| | Jette Stepputat | Lyngby OK | D50 | Ej start | |

D55 8400 meter 15 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|----------------------|--------|--------|---------|--------|
| 1 | Ellis Byrgiel Sommer | OK Øst | D55 | 1:11:15 | 8.5 |
| 2 | Inge Nielsen | OK 73 | D55 | 1:22:09 | 9.8 |

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|----|--------------------|------------------|-----|---------|------|
| 3 | Aase Neregaard | Tisvilde Hegn OK | D55 | 1:23:40 | 10.0 |
| 4 | Vivi Arildsen | OK Vendelboerne | D55 | 1:28:20 | 10.5 |
| 5 | Ester Staffe | OCS Slagelse | D55 | 1:31:35 | 10.9 |
| 6 | Inge Topp | OK Øst | D55 | 1:31:52 | 10.9 |
| 7 | Alice Munck | Søllerød OK | D55 | 1:36:40 | 11.5 |
| 8 | Anne-Mette Rokkjer | Randers OK | D55 | 1:41:05 | 12.0 |
| 9 | Erna Mathiasen | Uldjyderne | D55 | 1:45:19 | 12.5 |
| 10 | Helen Neregaard | Tisvilde Hegn OK | D55 | 1:46:07 | 12.6 |
| 11 | Inge Hestbæk | O-63 | D55 | 1:48:29 | 12.9 |
| 12 | Rita Jacobsen | Kolding OK | D55 | 1:49:42 | 13.1 |
| 13 | Betty Hansen | Hviding I.F. | D55 | 1:59:10 | 14.2 |
| 14 | Birgit Andersen | OCS Slagelse | D55 | 2:15:20 | 16.1 |
| 15 | Karen Djurhuus | Kildeholm OK | D55 | 2:19:19 | 16.6 |

H-16 13900 meter 23 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|-------------------------|-------------------|--------|---------|--------|
| 1 | Rasmus Søes | Farum OK | H-16 | 1:33:08 | 6.7 |
| 2 | Mikkel Mørch | HSOK | H-16 | 1:34:39 | 6.8 |
| 3 | Ole Ravnshøj Andersen | Herlufsholm Oklub | H-16 | 1:35:27 | 6.9 |
| 4 | Christian Christensen | St. Binderup OK | H-16 | 1:36:19 | 6.9 |
| 5 | Andre Gautier | Lyngby OK | H-16 | 1:36:59 | 7.0 |
| 6 | Tune Seidelin | Lyngby OK | H-16 | 1:39:14 | 7.1 |
| 7 | Tue Lassen | Faaborg OK | H-16 | 1:41:32 | 7.3 |
| 8 | Kasper Andersen | FIF Hillerød | H-16 | 1:42:23 | 7.4 |
| 9 | Anders Bank | OK Esbjerg | H-16 | 1:42:39 | 7.4 |
| 10 | Rasmus Sørensen | FIF Hillerød | H-16 | 1:44:48 | 7.5 |
| 11 | Michael Aasøe | Søllerød OK | H-16 | 1:48:58 | 7.8 |
| 12 | Martin Hansen | OK FROS | H-16 | 1:48:59 | 7.8 |
| 13 | Tue H. Mogensen | St. Binderup OK | H-16 | 1:49:39 | 7.9 |
| 14 | Emil Thorsen | OK West | H-16 | 1:51:20 | 8.0 |
| 15 | Torben Nielsen | OK Øst | H-16 | 1:51:27 | 8.0 |
| 16 | Toke Seir | OK Gorm | H-16 | 1:54:40 | 8.2 |
| 17 | Bjørn Lindorf | OK FROS | H-16 | 1:57:32 | 8.5 |
| 18 | Jonas Lindorf | OK FROS | H-16 | 2:03:06 | 8.9 |
| 19 | Erling Thisted | Søllerød OK | H-16 | 2:16:20 | 9.8 |
| 20 | Andreas Beck-Andersen | Farum OK | H-16 | 2:18:15 | 9.9 |
| | Jonathan Borup Jacobsen | St. Binderup OK | H-16 | Udgået | |
| | Anders Bachhausen | FIF Hillerød | H-16 | Udgået | |

H-18 18000 meter 23 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|--------------------|-------------------|--------|---------|--------|
| 1 | Dennis Lisbygd | Herlufsholm Oklub | H-18 | 1:58:14 | 6.6 |
| 2 | Bjarke Refslund | Skive AMOK | H-18 | 1:59:47 | 6.7 |
| 3 | Thomas Schouenborg | Holstebro OK | H-18 | 2:10:08 | 7.2 |
| 4 | Lasse Staffensen | OK Pan | H-18 | 2:16:14 | 7.6 |
| 5 | Rasmus Oscar | Faaborg OK | H-18 | 2:18:01 | 7.7 |

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|----|------------------------|-----------------|------|---------|------|
| 6 | Sune Jørgensen | OK Bornholm | H-18 | 2:20:44 | 7.8 |
| 7 | Anders Vejgaard-Jensen | Ballerup OK | H-18 | 2:24:33 | 8.0 |
| 8 | Rune Jensen | Uldjyderne | H-18 | 2:34:41 | 8.6 |
| 9 | Erik Mygind | OK Pan | H-18 | 2:40:39 | 8.9 |
| 10 | Lars Poulsen | Skive AMOK | H-18 | 2:45:00 | 9.2 |
| 11 | Peter Buhl | OK Øst | H-18 | 2:53:54 | 9.7 |
| 12 | Johan MacLassen | St. Binderup OK | H-18 | 3:07:50 | 10.4 |
| | Jesper Hoffmann | OK FROS | H-18 | Udgået | |

H-20 20900 meter 28 poster

| Plac | Navn | Klub | Klasse | Løbsted | min/km |
|------|------------------------|-----------------|--------|----------|--------|
| 1 | Christian Hansen | OK-DJURS | H-20 | 1:52:48 | 5.4 |
| 2 | Henrik Jørgensen | Viborg OK | H-20 | 1:54:31 | 5.5 |
| 3 | Anders Søndergaard | Søllerød OK | H-20 | 1:55:04 | 5.5 |
| 4 | Mikkel Lund | Faaborg OK | H-20 | 1:59:55 | 5.7 |
| 5 | Gintas Bloze | Odense O-klub | H-20 | 2:00:12 | 5.8 |
| 6 | Anders Bøstrup | OK-DJURS | H-20 | 2:03:34 | 5.9 |
| 7 | Jakob Grønnegaard | Farum OK | H-20 | 2:05:10 | 6.0 |
| 8 | Peter Horstmann | Søllerød OK | H-20 | 2:06:10 | 6.0 |
| 9 | Steen Piil | Svendborg OK | H-20 | 2:10:54 | 6.3 |
| 10 | Bjarke Jensen | Uldjyderne | H-20 | 2:14:44 | 6.4 |
| 11 | Rune Monrad | Søllerød OK | H-20 | 2:20:28 | 6.7 |
| 12 | Troels Andersen | OK Bornholm | H-20 | 2:23:07 | 6.8 |
| 13 | Kristian Flor Johansen | Svendborg OK | H-20 | 2:28:09 | 7.1 |
| 14 | Kenneth Buch | Svendborg OK | H-20 | 2:29:11 | 7.1 |
| 15 | Kåre Clemmensen | St. Binderup OK | H-20 | 3:05:09 | 8.9 |
| | Nicolai Lyngaa | Uldjyderne | H-20 | Ej start | |
| | Esben Heltoft Andersen | Farum OK | H-20 | Ej start | |
| | Thorbjørn Gasbjerg | Silkeborg OK | H-20 | Ej start | |
| | Ulrik Lassen | Faaborg OK | H-20 | Udgået | |
| | Johan Aagaard | Farum OK | H-20 | Udgået | |

H21 26000 meter 40 poster

| Plac | Navn | Klub | Klasse | Løbsted | min/km |
|------|--------------------|------------------|--------|---------|--------|
| 1 | Flemming Jørgensen | Kolding OK | H21 | 2:15:28 | 5.2 |
| 2 | Allan Mogensen | Farum OK | H21 | 2:16:22 | 5.2 |
| 3 | Rene Rokkjær | OK Pan | H21 | 2:19:30 | 5.4 |
| 4 | Michael Sørensen | OK Øst | H21 | 2:23:23 | 5.5 |
| 5 | Thomas Jensen | Tisvilde Hegn OK | H21 | 2:24:11 | 5.5 |
| 6 | Troels Nielsen | Horsens OK | H21 | 2:28:43 | 5.7 |
| 7 | Jesper Grooss | OK Øst | H21 | 2:33:31 | 5.9 |
| 8 | Bjarne Hoffmann | Kolding OK | H21 | 2:35:01 | 6.0 |
| 9 | Jacob Hansen | FIF Hillerød | H21 | 2:38:17 | 6.1 |
| 10 | Henrik Albahn | Tisvilde Hegn OK | H21 | 2:38:42 | 6.1 |
| 11 | Ulrik Staugaard | Kolding OK | H21 | 2:41:12 | 6.2 |
| 12 | Claus Bobach | Odense O-klub | H21 | 2:42:13 | 6.2 |

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|----|-----------------------|-------------------|-----|----------|-----|
| 13 | Jesper Fenger Grøn | Kolding OK | H21 | 2:43:47 | 6.3 |
| 14 | Carsten Thyssen | Horsens OK | H21 | 2:43:56 | 6.3 |
| 15 | Claus Stallknecht | Tisvilde Hegn OK | H21 | 2:44:28 | 6.3 |
| 16 | Keld K. Johansen | FIF Hillerød | H21 | 2:47:18 | 6.4 |
| 17 | Poul Mouritsen | Kolding OK | H21 | 2:49:51 | 6.5 |
| 18 | Anders Schmidt | Farum OK | H21 | 2:52:41 | 6.6 |
| 19 | Thomas Erisen | Herlufsholm Oklub | H21 | 2:53:59 | 6.7 |
| 20 | Lars Nielsen | Hviding I.F. | H21 | 2:54:45 | 6.7 |
| 21 | Mikkel Dam | Søllerød OK | H21 | 2:57:58 | 6.8 |
| 22 | Carsten Sørensen | Ballerup OK | H21 | 3:01:45 | 7.0 |
| 23 | Rune Klausen | Lyngby OK | H21 | 3:13:54 | 7.5 |
| 24 | Bjørn Axelsen | Aalborg OK | H21 | 3:17:43 | 7.6 |
| 25 | Carsten Laustsen | Odense O-klub | H21 | 3:22:21 | 7.8 |
| 26 | Allan Asmussen | Horsens OK | H21 | 3:28:20 | 8.0 |
| 27 | Lars T. Hansen | DRLR | H21 | 3:32:07 | 8.2 |
| 28 | Rolf Valery | Tisvilde Hegn OK | H21 | 3:34:18 | 8.2 |
| 29 | Mads Mikkelsen | Ballerup OK | H21 | 3:38:17 | 8.4 |
| 30 | Troels Lassen | Faaborg OK | H21 | 3:38:54 | 8.4 |
| 31 | Kristian Kærsgaard | Ballerup OK | H21 | 3:43:10 | 8.6 |
| 32 | Lars Rasmussen | Ballerup OK | H21 | 3:45:47 | 8.7 |
| 33 | Ole Krogh Petersen | Kolding OK | H21 | 3:56:17 | 9.1 |
| 34 | Lars Almer | PI København | H21 | 4:03:47 | 9.4 |
| 35 | Danny Andersen | OK Esbjerg | H21 | 4:12:54 | 9.7 |
| | Christian Nielsen | Aalborg OK | H21 | Ej start | |
| | Martin Søvang | Horsens OK | H21 | Ej start | |
| | Flemming Thyssen | Horsens OK | H21 | Ej start | |
| | Patric McGrail | Horsens OK | H21 | Ej start | |
| | Morten Ploug | Ballerup OK | H21 | Ej start | |
| | Chris Terkelsen | OK Gorm | H21 | Ej start | |
| | Michael Sommer | OK Øst | H21 | Ej start | |
| | Rasmus Ødum | OK Øst | H21 | Ej start | |
| | Martin Søgaard | Odense O-klub | H21 | Ej start | |
| | Johan Jessien Fegar | OK Pan | H21 | Ej start | |
| | Martin Hansen | OK Pan | H21 | Ej start | |
| | Jesper D. Jensen | Tisvilde Hegn OK | H21 | Ej start | |
| | Carsten Jørgensen | Tisvilde Hegn OK | H21 | Ej start | |
| | Jacob Krabbe Pedersen | OK Pan | H21 | Ej start | |
| | Henrik Jepsen | OK Esbjerg | H21 | Ej start | |
| | Thomas H. Nielsen | Farum OK | H21 | Ej start | |
| | Bruno Ottesen | Ballerup OK | H21 | Udgået | |
| | Peter Hansen | FIF Hillerød | H21 | Udgået | |
| | Jakob Ødum | OK Øst | H21 | Udgået | |
| | Lars Lindstrøm | Kolding OK | H21 | Udgået | |
| | Rune Olsen | Tisvilde Hegn OK | H21 | Udgået | |
| | Lars Juul Hansen | FIF Hillerød | H21 | Udgået | |

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|-----------------|-------------|-----|--------|
| Torben Nørgaard | Farum OK | H21 | Udgået |
| Jan Poulsen | Ballerup OK | H21 | Udgået |

H35 20900 meter 28 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|--------------------------|-------------------|--------|----------|--------|
| 1 | Pablo Jensen | Farum OK | H35 | 2:00:36 | 5.8 |
| 2 | Søren Maarup | Nordvest OK | H35 | 2:09:53 | 6.2 |
| 3 | Helge Lang Pedersen | Farum OK | H35 | 2:10:32 | 6.2 |
| 4 | Allan Topp | OK Øst | H35 | 2:11:25 | 6.3 |
| 5 | Bjarne Topp | OK Øst | H35 | 2:12:54 | 6.4 |
| 6 | Jacob Selzer | FIF Hillerød | H35 | 2:18:39 | 6.6 |
| 7 | Torben Utzon | OK Pan | H35 | 2:21:19 | 6.8 |
| 8 | Jens Bentsen | OK Øst | H35 | 2:22:47 | 6.8 |
| 9 | Jens Nørgaard | OK 73 | H35 | 2:23:29 | 6.9 |
| 10 | Henrik Steen Andersen | OK Øst | H35 | 2:25:28 | 7.0 |
| 11 | Morten Jensen | Silkeborg OK | H35 | 2:26:24 | 7.0 |
| 12 | Jens-Christian Jørgensen | Ballerup OK | H35 | 2:28:28 | 7.1 |
| 13 | Kenn Kristensen | Uldjyderne | H35 | 2:29:21 | 7.1 |
| 14 | Morten Kjær | Silkeborg OK | H35 | 2:29:27 | 7.2 |
| 15 | Jørgen Kirkeby | Farum OK | H35 | 2:29:31 | 7.2 |
| 16 | Jan Fogtmann | Køge OK | H35 | 2:31:13 | 7.2 |
| 17 | Jes Mose Jensen | DRLR | H35 | 2:36:01 | 7.5 |
| 18 | Jesper Børsting | Herlufsholm Oklub | H35 | 2:39:02 | 7.6 |
| 19 | Kim Kongstad | Odense O-klub | H35 | 2:43:12 | 7.8 |
| 20 | Troels Christensen | OK Skærmén | H35 | 2:44:26 | 7.9 |
| 21 | Thomas Ullner | OK-DJURS | H35 | 2:55:58 | 8.4 |
| 22 | Michael K. Sørensen | OK Pan | H35 | 2:57:33 | 8.5 |
| 23 | Henrik Nielsen | Holbæk OK | H35 | 2:58:12 | 8.5 |
| 24 | Rene Dupont | Lyngby OK | H35 | 3:01:36 | 8.7 |
| 25 | Peter Olsen | Køge OK | H35 | 3:04:50 | 8.8 |
| 26 | Jørgen Rolighed | OK Skærmén | H35 | 3:15:08 | 9.3 |
| 27 | Bjarne Kristensen | Herlufsholm Oklub | H35 | 3:22:09 | 9.7 |
| 28 | Kaj Munck | Herlufsholm Oklub | H35 | 3:37:10 | 10.4 |
| 29 | Kim Linde | OK FROS | H35 | 3:40:54 | 10.6 |
| | Hans Granholm | Kildeholm OK | H35 | Ej start | |
| | Torben Hansen | OK 73 | H35 | Udgået | |
| | Morten Ebbensgaard | OK Øst | H35 | Udgået | |
| | Lars Jensen | OK Øst | H35 | Udgået | |

H40 17000 meter 24 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|----------------|------------------|--------|---------|--------|
| 1 | Rolf Lund | HSOK | H40 | 1:37:21 | 5.7 |
| 2 | Lars Konradsen | FIF Hillerød | H40 | 1:40:21 | 5.9 |
| 3 | Steffen Alm | OK HTF Haderslev | H40 | 1:42:00 | 6.0 |
| 4 | Preben Sloth | FIF Hillerød | H40 | 1:43:29 | 6.1 |
| 5 | Karsten Blok | OK Snab | H40 | 1:49:41 | 6.5 |

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|----|------------------------|--------------------|-----|----------|------|
| 6 | Torben Seir Hansen | HSOK | H40 | 1:52:20 | 6.6 |
| 7 | Mogens Hald | Uldjyderne | H40 | 1:53:49 | 6.7 |
| 8 | Lars Sørensen | FIF Hillerød | H40 | 1:56:12 | 6.8 |
| 9 | Gert Nielsen | Lillerød IF O-afd. | H40 | 1:58:45 | 7.0 |
| 10 | Kresten Madsen | Odense O-klub | H40 | 1:59:18 | 7.0 |
| 11 | Kaj Jansson | Randers OK | H40 | 2:02:36 | 7.2 |
| 12 | Arne Kristensen | Herlufsholm Oklub | H40 | 2:03:12 | 7.2 |
| 13 | Jørgen Houen | ROK | H40 | 2:03:19 | 7.3 |
| 14 | Lars Alber | HSOK | H40 | 2:07:24 | 7.5 |
| 15 | Jens Christensen | St. Binderup OK | H40 | 2:09:24 | 7.6 |
| 16 | John Pedersen | OK Sorø | H40 | 2:10:05 | 7.7 |
| 17 | Jørgen Skaarup | Ballerup OK | H40 | 2:14:39 | 7.9 |
| 18 | Hans Jørgen Vad | Uldjyderne | H40 | 2:17:59 | 8.1 |
| 19 | Leif Rønn Olsen | Uldjyderne | H40 | 2:18:30 | 8.1 |
| 20 | Leif Giebel | OK HTF Haderslev | H40 | 2:19:32 | 8.2 |
| 21 | Lars Basballe | KFIU | H40 | 2:27:30 | 8.7 |
| 22 | Jesper Lysgaard | Uldjyderne | H40 | 2:28:01 | 8.7 |
| 23 | Vagn Gerber | Lyngby OK | H40 | 2:49:17 | 10.0 |
| 24 | Uffe Bach | OK-DJURS | H40 | 2:59:19 | 10.5 |
| 25 | Per Bovien Christensen | OK West | H40 | 3:09:24 | 11.1 |
| | Ib Rasmussen | SG | H40 | Ej start | |
| | Lars Munch | OK Snab | H40 | Ej start | |
| | Jan Jakobsen | OK Øst | H40 | Ej start | |
| | Frank Søndergaard | PI København | H40 | Udgået | |
| | Knud Madsen | OK Sorø | H40 | Udgået | |
| | Erik Bobach | Silkeborg OK | H40 | Udgået | |
| | Troels B. Hansen | Lillerød IF O-afd. | H40 | Mgl klip | |

H45 16100 meter 26 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|-----------------------|--------------------|--------|---------|--------|
| 1 | Leif E. Larsen | Tisvilde Hegn OK | H45 | 1:37:34 | 6.1 |
| 2 | Niels Møller Petersen | OK FROS | H45 | 1:39:01 | 6.2 |
| 3 | Svend Erik Mathiassen | OK Pan | H45 | 1:40:46 | 6.3 |
| 4 | Jens Jørgen Jensen | Uldjyderne | H45 | 1:45:58 | 6.6 |
| 5 | Ole B. Andersen | Uldjyderne | H45 | 1:45:59 | 6.6 |
| 6 | Aksel Andersen | Køge OK | H45 | 1:47:22 | 6.7 |
| 7 | Michael Johansen | Lillerød IF O-afd. | H45 | 1:52:04 | 7.0 |
| 8 | Flemming Wendelboe | HSOK | H45 | 1:55:03 | 7.1 |
| 9 | Emil Olesen | FIF Hillerød | H45 | 1:56:17 | 7.2 |
| 10 | Torben Rasmussen | Odense O-klub | H45 | 1:56:19 | 7.2 |
| 11 | Gunner Grue-Sørensen | Tisvilde Hegn OK | H45 | 1:56:35 | 7.2 |
| 12 | Keld Abrahamsen | Århus 1900 | H45 | 1:56:36 | 7.2 |
| 13 | Arne Nygaard | OK West | H45 | 1:56:40 | 7.2 |
| 14 | William Blok | OK Snab | H45 | 1:57:44 | 7.3 |
| 15 | Jørgen Jørgensen | Viborg OK | H45 | 1:58:48 | 7.4 |
| 16 | Niels Rabølle | Odense O-klub | H45 | 2:00:20 | 7.5 |

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|----|-----------------------|----------------------|-----|----------|------|
| 17 | Kurt Petersen | OPI Odense Politi IF | H45 | 2:03:03 | 7.6 |
| 18 | Knud Fjordvald | Silkeborg OK | H45 | 2:05:09 | 7.8 |
| 19 | Jens Korsholm | Farum OK | H45 | 2:05:09 | 7.8 |
| 20 | Anders Ingvarlsen | Holstebro OK | H45 | 2:05:55 | 7.8 |
| 21 | John V. Holm | OK Pan | H45 | 2:09:11 | 8.0 |
| 22 | Niels F. Mortensen | Skive AMOK | H45 | 2:09:37 | 8.1 |
| 23 | Ole Galle | Holbæk OK | H45 | 2:12:09 | 8.2 |
| 24 | Niels Jørgen Pedersen | Køge OK | H45 | 2:14:09 | 8.3 |
| 25 | Henrik Thomsen | Horsens OK | H45 | 2:15:17 | 8.4 |
| 26 | Ebbe Kajberg | OCS Slagelse | H45 | 2:15:24 | 8.4 |
| 27 | Kim Jørgensen | Svendborg OK | H45 | 2:15:30 | 8.4 |
| 28 | Erik Sørensen | Lillerød IF O-afd. | H45 | 2:17:23 | 8.5 |
| 29 | Michael Dickenson | Viborg OK | H45 | 2:19:43 | 8.7 |
| 30 | Claus Thomsen Boe | Odense O-klub | H45 | 2:22:34 | 8.9 |
| 31 | Jørgen Petersen | Odense O-klub | H45 | 2:24:58 | 9.0 |
| 32 | Frede Scheye | Herlufsholm Oklub | H45 | 2:25:38 | 9.0 |
| 33 | Jens Høgsfeldt | OK 73 | H45 | 2:26:38 | 9.1 |
| 34 | Erik Back Andersen | Skive AMOK | H45 | 2:29:49 | 9.3 |
| 35 | Helmuth Hansen | Herlufsholm Oklub | H45 | 2:31:53 | 9.4 |
| 36 | Jørgen Jørgensen | OK Sorø | H45 | 2:36:58 | 9.7 |
| 37 | Rolf Andersen | OK 73 | H45 | 2:39:32 | 9.9 |
| 38 | Henrik W. Christensen | OK 73 | H45 | 2:53:07 | 10.8 |
| 39 | Stig Andersen | Herlufsholm Oklub | H45 | 3:16:12 | 12.2 |
| | Bjarne Rasmussen | OPI Odense Politi IF | H45 | Ej start | |
| | Jørgen Nielsen | Søllerød OK | H45 | Ej start | |
| | Tonny Schwærter | OK Esbjerg | H45 | Ej start | |
| | Bent Bruhn | ROK | H45 | Ej start | |
| | Henning Davidsen | Herlufsholm Oklub | H45 | Udgået | |
| | Johannes Møller | Herlufsholm Oklub | H45 | Udgået | |
| | Arne Moe-Jensen | Viborg OK | H45 | Mgl klip | |

H50 14500 meter 22 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|------------------|------------------|--------|---------|--------|
| 1 | Bent Jensen | Odense O-klub | H50 | 1:38:36 | 6.8 |
| 2 | Janne Brunstedt | OK Øst | H50 | 1:40:29 | 6.9 |
| 3 | Finn Jørgensen | OK HTF Haderslev | H50 | 1:43:48 | 7.2 |
| 4 | Thomas Søes | Farum OK | H50 | 1:44:03 | 7.2 |
| 5 | Leif Jensen | OK Skærmø | H50 | 1:45:37 | 7.3 |
| 6 | Viggo Hansen | OK 73 | H50 | 1:46:00 | 7.3 |
| 7 | Klaus Olsen | Tisvilde Hegn OK | H50 | 1:46:09 | 7.3 |
| 8 | K. Kr. Terkelsen | OK Gorm | H50 | 1:47:05 | 7.4 |
| 9 | Steen Frandsen | Viborg OK | H50 | 1:47:24 | 7.4 |
| 10 | Niels Landsperg | Tisvilde Hegn OK | H50 | 1:49:19 | 7.5 |
| 11 | Wolfgang Schulz | Odense O-klub | H50 | 1:49:49 | 7.6 |
| 12 | Leif Kofoed | HSOK | H50 | 1:51:18 | 7.7 |
| 13 | Karsten Schultz | SG | H50 | 1:52:06 | 7.7 |

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|----|-------------------------|----------------------|-----|----------|------|
| 14 | Erik Bülow-Olsen | O-63 | H50 | 1:52:18 | 7.7 |
| 15 | John Tripax | Holbæk OK | H50 | 1:55:06 | 7.9 |
| 16 | Hans Åge Hvalsøe Hansen | OPI Odense Politi IF | H50 | 1:55:18 | 8.0 |
| 17 | Carl Malling | Randers OK | H50 | 1:57:15 | 8.1 |
| 18 | Jørgen Nielsen | Aalborg OK | H50 | 1:59:16 | 8.2 |
| 19 | Max Hansen | OK-DJURS | H50 | 1:59:44 | 8.3 |
| 20 | Kjeld Simonsen | OK-DJURS | H50 | 2:01:16 | 8.4 |
| 21 | Flemming D. Andersen | Tisvilde Hegn OK | H50 | 2:03:49 | 8.5 |
| 22 | Jens Ibsen | Svendborg OK | H50 | 2:04:31 | 8.6 |
| 23 | Jørgen Münster-Swendsen | Søllerød OK | H50 | 2:06:38 | 8.7 |
| 24 | Preben Lupnaav | Herlufsholm Oklub | H50 | 2:07:22 | 8.8 |
| 25 | Niels Tulinius | SG | H50 | 2:08:11 | 8.8 |
| 26 | Eigil Skammelsen | Silkeborg OK | H50 | 2:09:03 | 8.9 |
| 27 | Henning Larsen | Horsens OK | H50 | 2:09:05 | 8.9 |
| 28 | Tage Baun | Horsens OK | H50 | 2:09:43 | 8.9 |
| 29 | Ove Jørgensen | OK-DJURS | H50 | 2:10:00 | 9.0 |
| 30 | Robert Simonsen | OK Roskilde | H50 | 2:10:27 | 9.0 |
| 31 | Svend Mortensen | Tisvilde Hegn OK | H50 | 2:11:46 | 9.1 |
| 32 | Jørgen Olesen | OPI Odense Politi IF | H50 | 2:13:21 | 9.2 |
| 33 | Finn Blom Christensen | Lyngby OK | H50 | 2:16:25 | 9.4 |
| 34 | Steen Sørensen | OK Skærmø | H50 | 2:20:45 | 9.7 |
| 35 | Henrik Lawaetz | OK Sorø | H50 | 2:21:21 | 9.7 |
| 36 | Svend Erik Jensen | OK Skærmø | H50 | 2:22:09 | 9.8 |
| 37 | Knud Torm | OK Skærmø | H50 | 2:25:03 | 10.0 |
| 38 | Ole Skov-Nielsen | Svendborg OK | H50 | 2:28:14 | 10.2 |
| 39 | Ole Sommer | OK Øst | H50 | 2:36:13 | 10.8 |
| 40 | Kurt Sørensen | Svendborg OK | H50 | 2:42:04 | 11.2 |
| 41 | Karl Ditlevsen | Horsens OK | H50 | 3:00:40 | 12.5 |
| | Leif Nørgård | Viborg OK | H50 | Ej start | |
| | John Pihl | ROK | H50 | Ej start | |
| | Ronnie MacGrail | Randers OK | H50 | Ej start | |

H55 13900 meter 21 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|------------------|------------------|--------|---------|--------|
| 1 | Arne Grøndahl | Søllerød OK | H55 | 1:34:12 | 6.8 |
| 2 | Finn Søndergaard | Randers OK | H55 | 1:36:02 | 6.9 |
| 3 | Hans Nielsen | Hviding I.F. | H55 | 1:37:16 | 7.0 |
| 4 | Arne Bech | OK 73 | H55 | 1:41:01 | 7.3 |
| 5 | Birger Hoff | ROK | H55 | 1:44:04 | 7.5 |
| 6 | John Miene | HSOK | H55 | 1:44:57 | 7.6 |
| 7 | Jørn Thomsen | OK Gorm | H55 | 1:46:14 | 7.6 |
| 8 | Jakob Vang | HSOK | H55 | 1:47:32 | 7.7 |
| 9 | Niels Nysom | Uldjyderne | H55 | 1:49:25 | 7.9 |
| 10 | Sven Bjerre | Tisvilde Hegn OK | H55 | 1:49:29 | 7.9 |
| 11 | Mogens Jakobsen | Søllerød OK | H55 | 1:50:10 | 7.9 |
| 12 | Gert Bøgevig | Søllerød OK | H55 | 1:50:29 | 7.9 |

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|----|-----------------------|--------------------|-----|----------|------|
| 13 | Ole Svendsen | Køge OK | H55 | 1:51:01 | 8.0 |
| 14 | Mogens Hansen | OK Skærmen | H55 | 1:53:22 | 8.2 |
| 15 | Knud Dam | Kildeholm OK | H55 | 1:54:38 | 8.2 |
| 16 | Flemming Larsen | HSOK | H55 | 1:55:42 | 8.3 |
| 17 | Bjarne Pedersen | OK Roskilde | H55 | 1:56:36 | 8.4 |
| 18 | Knud Lykking | OK 73 | H55 | 1:57:36 | 8.5 |
| 19 | Kurt Scheel | OK Pan | H55 | 1:57:56 | 8.5 |
| 20 | Bjørn Jørgensen | Holbæk OK | H55 | 1:58:11 | 8.5 |
| 21 | H. V. Jensen | Odense O-klub | H55 | 1:59:22 | 8.6 |
| 22 | Niels-Henrik Holscher | O-63 | H55 | 1:59:55 | 8.6 |
| 23 | Tom Petersen | OK 73 | H55 | 2:00:29 | 8.7 |
| 24 | Ole Hoffmann | OK FROS | H55 | 2:01:36 | 8.7 |
| 25 | Peter Bjørn Jensen | O-63 | H55 | 2:02:05 | 8.8 |
| 26 | Svend Erik Munksgaard | Uldjyderne | H55 | 2:02:19 | 8.8 |
| 27 | Aage Damsgaard | Fredensborg OK | H55 | 2:05:28 | 9.0 |
| 28 | Jens Aaris Thisted | Søllerød OK | H55 | 2:07:57 | 9.2 |
| 29 | Kai Hansen | OK-DJURS | H55 | 2:08:20 | 9.2 |
| 30 | Jens Asserbo | Herlufsholm Oklub | H55 | 2:09:27 | 9.3 |
| 31 | Niels Lyhne | Herlufsholm Oklub | H55 | 2:12:11 | 9.5 |
| 32 | Erik Kelvin Hansen | Lillerød IF O-afd. | H55 | 2:13:06 | 9.6 |
| 33 | Flemming Marcussen | HSOK | H55 | 2:15:47 | 9.8 |
| 34 | Holger Mikkelsen | Odense O-klub | H55 | 2:21:09 | 10.2 |
| 35 | Mogens Bruun | OK Roskilde | H55 | 2:21:54 | 10.2 |
| 36 | Palle Møller Nielsen | Odense O-klub | H55 | 2:26:05 | 10.5 |
| 37 | Erik Jensen | Silkeborg OK | H55 | 2:28:59 | 10.7 |
| | Karsten Mogensen | Odense O-klub | H55 | Ej start | |
| | Per Møller | Silkeborg OK | H55 | Ej start | |
| | Jørn Wigh | Søllerød OK | H55 | Udgået | |
| | Hans Jørgen Simonsen | OK Pan | H55 | Udgået | |

H60 12600 meter 21 poster

| Plac | Navn | Klub | Klasse | Løbstdid | min/km |
|------|----------------------|------------------|--------|----------|--------|
| 1 | Bent Mortensen | OK 73 | H60 | 1:38:45 | 7.8 |
| 2 | Preben Christiansen | Odense O-klub | H60 | 1:41:24 | 8.0 |
| 3 | Henning Løwenstein | FIF Hillerød | H60 | 1:41:47 | 8.1 |
| 4 | Knud E. Sørensen | OK Pan | H60 | 1:42:36 | 8.1 |
| 5 | Jørgen Voigt Arnsted | Odense O-klub | H60 | 1:44:44 | 8.3 |
| 6 | Kai Y. Laursen | Aalborg OK | H60 | 1:44:54 | 8.3 |
| 7 | Torsten Boe | Odense O-klub | H60 | 1:48:17 | 8.6 |
| 8 | Egon Neregaard | Tisvilde Hegn OK | H60 | 1:50:43 | 8.8 |
| 9 | Carl Djurhuus | Kildeholm OK | H60 | 1:54:08 | 9.1 |
| 10 | Olav Odgaard | Odense O-klub | H60 | 1:56:47 | 9.3 |
| 11 | Finn Faxner | Viborg OK | H60 | 2:01:21 | 9.6 |
| 12 | Govert Heede | Ballerup OK | H60 | 2:02:10 | 9.7 |
| 13 | Bent Jacobsen | Kolding OK | H60 | 2:02:17 | 9.7 |
| 14 | Søren Østergaard | HSOK | H60 | 2:13:12 | 10.6 |

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|----|-------------------|------------------|-----|----------|------|
| 15 | Kresten Nerengård | OK Sorø | H60 | 2:13:34 | 10.6 |
| | Torkild Glaven | AS | H60 | Ej start | |
| | Erik Brühl | Søllerød OK | H60 | Ej start | |
| | Dolfi Rotovnik | Tisvilde Hegn OK | H60 | Ej start | |
| | Egon Lynge Madsen | OK Roskilde | H60 | Udgået | |

H65 10000 meter 17 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|---------------------|-------------------|--------|----------|--------|
| 1 | Jakob Ravn | Horsens OK | H65 | 1:36:15 | 9.6 |
| 2 | Jørgen Poulsen | OK 73 | H65 | 1:36:33 | 9.7 |
| 3 | Palle Bay | Køge OK | H65 | 1:36:47 | 9.7 |
| 4 | Bent Børsting | Herlufsholm Oklub | H65 | 1:39:09 | 9.9 |
| 5 | Peter Larsen | HSOK | H65 | 1:40:13 | 10.0 |
| 6 | Ernst Dahl | Uldjyderne | H65 | 1:49:14 | 10.9 |
| 7 | Anton Hansen | Farum OK | H65 | 1:51:20 | 11.1 |
| 8 | Nils Jansson | Randers OK | H65 | 1:51:41 | 11.2 |
| 9 | Ole Hansen | OK 73 | H65 | 1:52:33 | 11.3 |
| 10 | Peter Arildsen | OK Vendelboerne | H65 | 1:54:59 | 11.5 |
| 11 | Kurt T. Hansen | IFV | H65 | 1:55:44 | 11.6 |
| 12 | Svend Sørensen | Søllerød OK | H65 | 1:58:40 | 11.9 |
| 13 | Tonni Nielsson | HSOK | H65 | 2:15:34 | 13.6 |
| 14 | Jens Pedersen | Odense O-klub | H65 | 2:24:03 | 14.4 |
| | Kjeld Thygesen | HSOK | H65 | Ej start | |
| | Preben Munk Eriksen | Viborg OK | H65 | Ej start | |
| | Ole Falck Hansen | Tisvilde Hegn OK | H65 | Ej start | |
| | Svend Fladberg | Køge OK | H65 | Udgået | |

H70 8400 meter 15 poster

| Plac | Navn | Klub | Klasse | Løbstid | min/km |
|------|-------------------------|------------------|--------|---------|--------|
| 1 | Frank Højstrup | OK 73 | H70 | 1:24:06 | 10.0 |
| 2 | Egil Andersen | FIF Hillerød | H70 | 1:25:20 | 10.2 |
| 3 | Ib Glud Konradsen | Søllerød OK | H70 | 1:29:15 | 10.6 |
| 4 | Rasmus Lykkegård | Silkeborg OK | H70 | 1:33:43 | 11.2 |
| 5 | Hans Sloth | FIF Hillerød | H70 | 1:35:57 | 11.4 |
| 6 | Poul Erik Birk Jakobsen | Tisvilde Hegn OK | H70 | 1:55:04 | 13.7 |
| 7 | Arne Krog | IFV | H70 | 2:11:07 | 15.6 |
| | Kurt Dose | Køge OK | H70 | Udgået | |