

DM Stafet

Stafet D13-16

Rank	Navn	Etapetid	Total tid
1	OK Pan hold 1 (381) Marie Hauerslev Marie Ivarsen Mia Egander	32:04-4 38:09-2 32:54-3	1:43:07 32:04-4 1:10:13-2 1:43:07-1
2	Silkeborg OK hold 1 (384) Ida Bobach Mia Esper Schultz Kari Johannsen	29:56-2 37:37-1 36:29-4	1:44:02 29:56-2 1:07:33-1 1:44:02-2
3	Århus 1900 hold 1 (382) Nanna Dybdal Abrahamsen Nikoline Gjøderum Svenningsen Marie Dybdal Abrahamsen	37:02-5 40:23-3 29:55-1	1:47:20 37:02-5 1:17:25-4 1:47:20-3
4	FIF Hillerød hold 1 (380) Lærke L. Jensen Pernille Storm Anita S. Sørensen	30:06-3 46:41-4 30:37-2	1:47:24 30:06-3 1:16:47-3 1:47:24-4
5	Farum hold 1 (385) Ida Marie Heerfordt Anna Sarauw Rasmussen Signe Jakobsen	29:10-1 1:09:35-7 36:59-5	2:15:44 29:10-1 1:38:45-7 2:15:44-5
6	Horsens OK hold 1 (383) Louise Højmark Trine M. Christensen Cecilie Jørgensen	43:56-7 49:21-5 55:11-7	2:28:28 43:56-7 1:33:17-5 2:28:28-6
7	Ballerup OK hold 1 (386) Eva Caspersen Line Ingerslev Amalie Sylvest Rotving	39:34-6 58:51-6 54:11-6	2:32:36 39:34-6 1:38:25-6 2:32:36-7

Stafet D17-20

Rank	Navn	Etapetid	Total tid
1	Farum hold 1 (391) Sofie Lange Mette Kristensen Line Søderlund	50:25-1 56:33-1 45:46-1	2:32:44 50:25-1 1:46:58-1 2:32:44-1
2	Horsens OK hold 1 (390) Henriette Baun Rikke Vide Petersen Sarah Naomi Thomsen	52:50-2 1:01:22-2 46:08-2	2:40:20 52:50-2 1:54:12-2 2:40:20-2

Stafet D21

Rank	Navn	Etapetid	Total tid
1	OK Øst hold 1 (300) Charlotte Thrane Dorthe Skovlyst Helene Hausner	52:24-2 40:50-2 39:16-1	2:12:30 52:24-2 1:33:14-1 2:12:30-1
2	FIF Hillerød hold 1 (302) Maria Konring Olesen Rikke Nygaard Anne Konring Olesen	55:10-4 39:50-1 44:36-3	2:19:36 55:10-4 1:35:00-3 2:19:36-2

3	Farum hold 1 (311)		2:21:01
	Signe Søes	52:04-1	52:04-1
	Iryna Kupriyanova	42:18-3	1:34:22-2
	Olena Zabrodska	46:39-4	2:21:01-3
4	OK Pan hold 1 (305)		2:21:44
	Ane Linde	55:48-6	55:48-6
	Gry Johannsen	42:19-4	1:38:07-4
	Yvonne Fjordside	43:37-2	2:21:44-4
5	OK Pan hold 2 (306)		2:35:52
	Rie B. Christensen	55:52-7	55:52-7
	Mette Hjerrild	42:49-5	1:38:41-5
	Inger Kemp Cederberg	57:11-6	2:35:52-5
6	OK Pan hold 3 (307)		2:48:36
	Randi Scheel	1:01:57-9	1:01:57-9
	Henriette Jørgensen	48:09-6	1:50:06-6
	Anne Katrine Olesen	58:30-7	2:48:36-6
7	Ålborg OK hold 1 (314)		2:50:19
	Anna Bobach	1:00:04-8	1:00:04-8
	Dorte Filskov	57:26-10	1:57:30-7
	Helle Bobach	52:49-5	2:50:19-7
8	Ballerup OK hold 1 (313)		3:07:33
	Maria Schulz	1:16:13-13	1:16:13-13
	Irene Andersen	49:45-7	2:05:58-8
	Ann-Cathrin Degn	1:01:35-9	3:07:33-8
9	Tisvilde Hegn hold 1 (310)		3:10:24
	Bente Madsen Johnsen	1:12:59-11	1:12:59-11
	Henriette Bromann	55:39-8	2:08:38-10
	Amparo Gil-Brotons	1:01:46-10	3:10:24-9
10	Roskilde hold 1 (315)		3:13:33
	Sofie Sørensen	55:20-5	55:20-5
	Hanne Pedersen	1:11:48-13	2:07:08-9
	Signe Petersen	1:06:25-13	3:13:33-10
11	FIF Hillerød hold 2 (303)		3:15:19
	Heidi Hinge	1:10:18-10	1:10:18-10
	Camilla Bachhausen	1:02:15-11	2:12:33-12
	Marianne Bachhausen	1:02:46-11	3:15:19-11
12	Kolding OK hold 1 (312)		3:15:20
	Nina Hoffmann	54:16-3	54:16-3
	Camilla Dalgaard	1:14:50-14	2:09:06-11
	Anette Wittorff	1:06:14-12	3:15:20-12
13	Silkeborg OK hold 1 (309)		3:36:51
	Anne Fjordvald	1:18:09-14	1:18:09-14
	Sofie Skammelsen	56:19-9	2:14:28-13
	Kamilla Fjordvald	1:22:23-15	3:36:51-13
14	OK Øst hold 2 (301)		3:37:28
	Kersti Kärner	1:27:34-15	1:27:34-15
	Birgitte Erskov Halland	1:09:31-12	2:37:05-14
	Pernille Sommer	1:00:23-8	3:37:28-14
15	OK Pan hold 4 (308)		3:54:12
	Anne Skaug	1:14:48-12	1:14:48-12
	Trine Kristensen	1:23:42-15	2:38:30-15
	Caroline Andreasen	1:15:42-14	3:54:12-15

Stafet D35

Rank	Navn	Etapetid	Total tid
1	Kolding OK hold 1 (331)		2:03:13
	Gitte Møller	42:51-1	42:51-1
	Marianne Lynge Krogh	43:16-1	1:26:07-1
	Ulrika Ørnhagen Jørgensen	37:06-1	2:03:13-1

2	Sorø hold 1 (329)		2:18:25	
	Mette Filskov	51:26-8	51:26-8	
	Søs Munch Hansen	43:30-2	1:34:56-3	
	Eva Smedegaard	43:29-2	2:18:25-2	
3	Farum hold 1 (330)		2:21:09	
	Helle M. Wildfang	43:12-2	43:12-2	
	Lene Skielboe	51:02-4	1:34:14-2	
	Bodil Karlsmose Kliem	46:55-5	2:21:09-3	
4	Kolding OK hold 2 (332)		2:27:41	
	Susanne Højholt	47:39-4	47:39-4	
	Hanne Staugaard	49:09-3	1:36:48-4	
	Anette Lund	50:53-7	2:27:41-4	
5	HTF hold 1 (326)		2:31:34	
	Guri Alm	44:20-3	44:20-3	
	Lise Nielsen	1:03:04-6	1:47:24-6	
	Tina Haarup	44:10-3	2:31:34-5	
6	FIF Hillerød hold 1 (325)		2:32:43	
	Sandra Simonsen	49:18-7	49:18-7	
	Maria Douglas Stilling	56:07-5	1:45:25-5	
	Anne Maarup	47:18-6	2:32:43-6	
7	OK Øst hold 1 (324)		2:39:15	
	Karen Jensen	48:43-6	48:43-6	
	Helle Sehested Hansen	1:04:43-8	1:53:26-7	
	Mette Steffensen	45:49-4	2:39:15-7	
8	Alle-PI-SK hold 1 (321)		2:57:28	
	Charlotte Bergmann	54:00-9	54:00-9	
	Naja Møller	1:03:07-7	1:57:07-9	
	Lise Jonassen	1:00:21-8	2:57:28-8	
9	Silkeborg OK hold 1 (327)		3:00:35	
	Leysa Sørensen	47:54-5	47:54-5	
	Inger Lise Simonsen	1:08:10-9	1:56:04-8	
	Inga Jager	1:04:31-9	3:00:35-9	
10	Svendborg OK hold 1 (320)		3:36:17	
	Anita Lunding	57:02-10	57:02-10	
	Gitte R. Christoffersen	1:15:31-11	2:12:33-11	
	Annette Færing	1:23:44-10	3:36:17-10	
11	Ok Syd hold 1 (323)		3:36:25	
	Hanne Ljungberg	1:00:18-11	1:00:18-11	
	Anne-Marie Jensen	1:11:48-10	2:12:06-10	
	Susanne Holst	1:24:19-11	3:36:25-11	
DSQ	Alle-PI-SK hold 2 (322)		4:20:33	DSQ
	Ulla Petersen	1:08:40	1:08:40	
	Helle Thyme	1:19:58	2:28:38	
	Bente Dahl	1:51:55	4:20:33	
DNS	Søllerød OK hold 1 (328)		2:33:59	DNS
	Kirsten Møller	1:11:10	1:11:10	
	Kirsten Olsen	1:22:49	2:33:59	
	NN NN	00:00	2:33:59	

Stafet D45

Rank	Navn	Etapetid	Total tid
1	OO hold 1 (340)		2:05:50
	Ayoe Berg	40:15-1	40:15-1
	Britt Hermanrud	43:22-1	1:23:37-1
	Inge Jensen	42:13-3	2:05:50-1
2	Silkeborg OK hold 1 (346)		2:25:58
	Ingrid Johannsen	49:29-3	49:29-3
	Tove Jakobsen	59:11-5	1:48:40-4
	Dorthe Hansen	37:18-1	2:25:58-2

3	Herning Ok hold 1 (344)		2:28:59
	Bodil Schulz	51:21-4	51:21-4
	Gitte Isen	43:47-2	1:35:08-2
	Alice Ørum Bertelsen	53:51-5	2:28:59-3
4	Alle-PI-SK hold 1 (342)		2:33:11
	Gitte Birck	49:22-2	49:22-2
	Ulla Hooge	55:49-3	1:45:11-3
	Annette Danielsen	48:00-4	2:33:11-4
5	Faaborg OK hold 1 (341)		2:53:28
	Lis Knudsen	59:35-5	59:35-5
	Lotte Hjorth	57:46-4	1:57:21-5
	Dorte Arvidsen	56:07-6	2:53:28-5
6	HSOK hold 1 (343)		2:55:57
	Annegrete Birck Jakobsen	1:09:13-7	1:09:13-7
	Birgitte Krüger	1:08:57-7	2:18:10-7
	Lene Jensen	37:47-2	2:55:57-6
7	Tisvilde Hegn hold 1 (347)		3:08:53
	Gerda Christiansen	1:09:09-6	1:09:09-6
	Inger Kirkegaard	59:55-6	2:09:04-6
	Birgit Olsen	59:49-8	3:08:53-7
8	Horsens OK hold 1 (345)		3:27:47
	Tove Straarup	1:11:05-8	1:11:05-8
	Grethe Boen Knudsen	1:18:34-8	2:29:39-8
	Susanne Baun	58:08-7	3:27:47-8

Stafet DH12

Rank	Navn	Etapetid	Total tid
1	OK Øst hold 1 (403)		1:06:32
	Marius Thrane Ødum	20:03-1	20:03-1
	Joakim Sehested Sie	25:09-1	45:12-1
	Anne Nørskov	21:20-3	1:06:32-1
2	Faaborg OK hold 1 (400)		1:10:23
	Ita Klingenberg	22:05-4	22:05-4
	David Kristensen	28:13-3	50:18-2
	Emma Klingenberg	20:05-1	1:10:23-2
3	Roskilde hold 1 (409)		1:12:05
	Casper Meyer	22:02-3	22:02-3
	Jacob Laage Kragh	29:04-4	51:06-3
	Martin Midtgaard Frich	20:59-2	1:12:05-3
4	Alle-PI-SK hold 1 (401)		1:21:05
	Sebastian Bang	23:32-6	23:32-6
	Lærke Andreasen	31:11-6	54:43-4
	Andreas Proschowsky	26:22-4	1:21:05-4
5	Silkeborg OK hold 1 (406)		1:28:55
	Stine Bagger Hagner	23:22-5	23:22-5
	Anne Mette Schmidt	35:17-8	58:39-5
	Ida Simone Kjær	30:16-5	1:28:55-5
6	Tisvilde Hegn hold 1 (407)		1:29:28
	Simone Wraa	29:02-8	29:02-8
	Mathias Wraa	29:39-5	58:41-6
	Jonas Falck Weber	30:47-6	1:29:28-6
7	Kolding OK hold 1 (408)		1:30:43
	Signe Sperling	23:37-7	23:37-7
	Sissel Elbæk	35:09-7	58:46-7
	Troels Sperling	31:57-8	1:30:43-7
8	Herning Ok hold 1 (405)		1:31:42
	Christian Mørup	21:48-2	21:48-2
	Julie Fenger Vad	37:35-9	59:23-8
	Søren Lysgaard Schulz	32:19-9	1:31:42-8

9	Århus 1900 hold 1 (404)		1:41:26	
	Asbjørn Gjøderum Svenningsen	42:24-10		42:24-10
	Jakob Dybdal Abrahamsen	28:04-2	1:10:28-9	
	Jakob Ekhard Edsen	30:58-7	1:41:26-9	
10	Alle-PI-SK hold 2 (402)		2:22:05	
	Sidsel Hill	31:44-9	31:44-9	
	Stefan Petersen	38:45-10	1:10:29-10	
	Mathiasen Pedersen	1:11:36-10	2:22:05-10	

Stafet DH13-14

Rank	Navn	Etapetid	Total tid
1	Roskilde hold 1 (416)		1:40:59
	Christian V. Grønberg	32:04-1	32:04-1
	Camilla Meyer	42:15-5	1:14:19-4
	Martin Laage Kragh	26:40-1	1:40:59-1
2	OO hold 1 (410)		1:41:26
	Line Stubberup	32:43-3	32:43-3
	Laust Berg	38:47-3	1:11:30-2
	Rasmus Iversen	29:56-3	1:41:26-2
3	FIF Hillerød hold 1 (412)		1:46:28
	Søren S. Sørensen	32:10-2	32:10-2
	Lars Sloth	46:38-6	1:18:48-5
	Signe Klinting	27:40-2	1:46:28-3
4	Ålborg OK hold 1 (415)		1:46:56
	Sofie H Winther	36:15-5	36:15-5
	Mie Møller	38:00-2	1:14:15-3
	Kristoffer Sloth	32:41-4	1:46:56-4
5	OK Øst hold 1 (411)		1:48:42
	Line Elgård Nielsen	32:57-4	32:57-4
	Eske Pers Nordentoft	34:46-1	1:07:43-1
	Helena Gade Jensen	40:59-5	1:48:42-5
6	Horsens OK hold 1 (413)		2:09:15
	Rasmus Søgaard	45:01-7	45:01-7
	Camilla Søgaard	40:07-4	1:25:08-6
	Hjalte Sebastian Thomsen	44:07-6	2:09:15-6
7	Tisvilde Hegn hold 1 (414)		2:15:06
	Anders Wraa	38:00-6	38:00-6
	Lars Stendevad	49:15-7	1:27:15-7
	Sascha Lohse Hansen	47:51-7	2:15:06-7

Stafet DH43

Rank	Navn	Etapetid	Total tid
1	OK Gorm hold 1 (478)		1:30:43
	Christian Ørskov	27:12-2	27:12-2
	Nina G. Najbjerg	26:09-2	53:21-1
	Ida G. Najbjerg	37:22-8	1:30:43-1
2	Svendborg OK hold 2 (463)		1:32:42
	Rasmus Lunding Henriksen	40:11-12	40:11-12
	Magnus Færing Asmussen	20:20-1	1:00:31-3
	Asmus Færing Asmussen	32:11-3	1:32:42-2
3	Ballerup OK hold 1 (476)		1:32:46
	Mikkel Skaarup	32:36-7	32:36-7
	Line Marcussen	31:27-8	1:04:03-9
	Kasper Ingerslev	28:43-2	1:32:46-3
4	Roskilde hold 1 (479)		1:34:51
	Tobias Midtgaard Frich	26:18-1	26:18-1
	Line Kreiberg	35:32-13	1:01:50-4
	Lærke Sørensen	33:01-4	1:34:51-4

5	OK Pan hold 1 (468)		1:35:29	
	Per Hjerrild	31:35-4	31:35-4	
	Victor Hauerslev	28:00-4	59:35-2	
	Peter Overgaard	35:54-7	1:35:29-5	
6	Mariager/St. Binderup hold 1 (4		1:37:08	
	Zenia Hejlskov Mogensen	31:39-5	31:39-5	
	Ditte Blom	39:01-15	1:10:40-12	
	Jonas Munthe	26:28-1	1:37:08-6	
7	HSOK hold 1 (467)		1:38:00	
	Morten Wendelboe	35:12-9	35:12-9	
	Emma Blomqvist	28:43-5	1:03:55-8	
	Rasmus Blomqvist	34:05-5	1:38:00-7	
8	Alle-PI-SK hold 1 (464)		1:42:51	
	Henrik Bendt	32:27-6	32:27-6	
	Nikita Bang	31:09-7	1:03:36-7	
	Jonathan Dam	39:15-9	1:42:51-8	
9	Ålborg OK hold 1 (477)		1:45:51	
	Peter Vestergaard Sørensen	32:50-8	32:50-8	
	Freja Johansen	37:59-14	1:10:49-13	
	Johanne Winther	35:02-6	1:45:51-9	
10	Søllerød OK hold 1 (472)		1:45:58	
	Casper Wilken	35:49-10	35:49-10	
	Caroline Konring	26:48-3	1:02:37-5	
	Alexander Søeberg	43:21-12	1:45:58-10	
11	OO hold 1 (460)		1:46:38	
	Alexander Sjöberg	31:24-3	31:24-3	
	Mads Møllerup Benfeldt	32:06-9	1:03:30-6	
	Ellen Skovbjerg	43:08-11	1:46:38-11	
12	Svendborg OK hold 1 (462)		1:53:41	
	Signe A. West	40:37-14	40:37-14	
	Cæcilie Christoffersen	32:15-10	1:12:52-14	
	Camilla Christoffersen	40:49-10	1:53:41-12	
13	Ballerup OK hold 2 (480)		1:57:29	
	Niels Olsen	36:13-11	36:13-11	
	Andreas Muller	34:00-12	1:10:13-11	
	Kristian Skaarup	47:16-13	1:57:29-13	
14	OK Pan hold 2 (469)		2:02:52	
	Lasse Grøn	40:34-13	40:34-13	
	Lars Hjerrild	29:04-6	1:09:38-10	
	Kirsten Ivarsen	53:14-15	2:02:52-14	
15	Kolding OK hold 1 (475)		2:10:41	
	Ida Linde	45:11-15	45:11-15	
	Jakob Iversen	32:22-11	1:17:33-15	
	Anne Assenholm	53:08-14	2:10:41-15	
DSQ	OK Øst hold 1 (465)		2:10:23	
	Nicklas Schiellerup	36:02	36:02	DSQ
	Tanja Krogh Andersen	40:02	1:16:04	
	Claus V. Thomsen	54:19	2:10:23	DSQ
DSQ	FIF Hillerød hold 1 (466)		2:22:48	
	Jonas Sloth	45:34	45:34	
	Anne Gasbjerg	45:09	1:30:43	
	Aske Ertmann	52:05	2:22:48	DSQ
DSQ	Søllerød OK hold 2 (473)		1:28:10	
	Andreas Konring	35:13	35:13	DSQ
	Gustav Jonsson	32:29	1:07:42	
	Rasmus Thrane Hansen	20:28	1:28:10	
DSQ	Farum hold 1 (474)		2:04:58	
	Jacob Birch Rosenberg	45:31	45:31	DSQ
	Jens Lange	26:59	1:12:30	
	Christian Herfordt	52:28	2:04:58	

DSQ	HTF hold 2 (471)		1:22:45	
	Daniel H. Jensen	26:16	26:16	DSQ
	Anne B. Bertelsen	28:41	54:57	
	Maja Alm	27:48	1:22:45	

DSQ	HTF hold 1 (470)		1:50:14	
	Lasse Alm	37:50	37:50	DSQ
	Marie H. Jensen	27:53	1:05:43	
	Maja V. Jørgensen	44:31	1:50:14	

Stafet DM150

Rank	Navn	Etapetid	Total tid
1	Mariager/St. Binderup hold 1 (3)		1:49:07
	Elizabeth Borchorst	39:04-4	39:04-4
	Ansa Mac Lassen	38:13-4	1:17:17-5
	Bettina Gjedde	31:50-1	1:49:07-1
2	OK Øst hold 1 (351)		1:50:18
	Kirsten Brunstedt	39:36-7	39:36-7
	Janet Bentzen	34:12-1	1:13:48-1
	Ellis Byrgiel Sommer	36:30-4	1:50:18-2
3	OK Pan hold 1 (354)		1:50:48
	Vibeke Jørgensen	41:22-11	41:22-11
	Hanne Møller Andersen	34:41-2	1:16:03-2
	Mona Nørgaard	34:45-3	1:50:48-3
4	Århus 1900 hold 1 (356)		2:01:51
	Birgitte Halle	35:37-2	35:37-2
	Birthe Worm	41:30-6	1:17:07-4
	Lone Dybdal	44:44-11	2:01:51-4
4	FIF Hillerød hold 1 (352)		2:01:51
	Betty Folino	34:32-1	34:32-1
	Jette Bachhausen	50:23-14	1:24:55-8
	Eva Konring Olesen	36:56-6	2:01:51-4
6	OK 73 hold 1 (357)		2:06:42
	Marianne Lykking	39:16-6	39:16-6
	Else Gudme	41:38-7	1:20:54-6
	Alice Bech	45:48-14	2:06:42-6
7	Horsens OK hold 1 (359)		2:09:28
	Ellen Nielsen	45:58-15	45:58-15
	Trille Ditlevsen	40:47-5	1:26:45-9
	Elin Holm Jensen	42:43-9	2:09:28-7
8	Randers Ok hold 1 (371)		2:13:20
	Lisbeth Damsgaard	39:47-9	39:47-9
	Anne-Mette Rokkjær	43:31-10	1:23:18-7
	Dorte Brøns	50:02-18	2:13:20-8
9	Farum hold 1 (365)		2:13:30
	Annlou Husen	45:03-13	45:03-13
	Kit Lang Jørgensen	41:47-8	1:26:50-10
	Erna Søndergård	46:40-15	2:13:30-9
10	SG hold 1 (368)		2:13:49
	Randi Hansen	44:04-12	44:04-12
	Annet Krog	50:42-15	1:34:46-12
	Birgit Hausner	39:03-8	2:13:49-10
11	OK Gorm hold 1 (370)		2:15:03
	Lilli Hansen	40:31-10	40:31-10
	Asta Terkelsen	35:48-3	1:16:19-3
	Grethe Buch	58:44-20	2:15:03-11
12	Kolding OK hold 1 (366)		2:15:24
	Marianne Iversen	45:59-16	45:59-16
	Ellen Staugaard	56:50-18	1:42:49-18
	Anne Gunnersen	32:35-2	2:15:24-12

13	Ålborg OK hold 1 (369)		2:20:32
	Winni Jørgensen	45:54-14	45:54-14
	Edith Sørensen	51:39-16	1:37:33-16
	Kirsten Bobach	42:59-10	2:20:32-13
14	OK 73 hold 2 (358)		2:20:43
	Inge Madsen	50:22-18	50:22-18
	Lone Mortensen	45:28-12	1:35:50-15
	Charlotte Grauert	44:53-12	2:20:43-14
15	OK Pan hold 2 (355)		2:21:00
	Anette Egander Grøn	35:52-3	35:52-3
	Hanne Christensen	59:30-19	1:35:22-14
	Else Hass	45:38-13	2:21:00-15
16	Silkeborg OK hold 1 (361)		2:23:35
	Nelly Skammelsen	39:37-8	39:37-8
	Anne-Mette Kirkegaard	55:24-17	1:35:01-13
	Susanne Gasbjerg	48:34-16	2:23:35-16
17	Herlufsholm hold 1 (360)		2:28:39
	Merete Ravnshøj Andersen	39:09-5	39:09-5
	Bente Skov-Jensen	48:31-13	1:27:40-11
	Hanne Davidsen	1:00:59-21	2:28:39-17
17	Søllerød OK hold 1 (362)		2:28:39
	Ellen Thisted	1:06:31-22	1:06:31-22
	Else Juul Hansen	43:45-11	1:50:16-20
	Vibeke Bøgevig	38:23-7	2:28:39-17
19	Ballerup OK hold 1 (367)		2:40:06
	Lisbeth Jensen	46:29-17	46:29-17
	Susan Tamberg	1:02:01-20	1:48:30-19
	Ninna Simonsen	51:36-19	2:40:06-19
20	OK Esbjerg hold 1 (363)		3:00:31
	Jytte Christensen	1:06:19-21	1:06:19-21
	Lissie Wolf	1:17:24-22	2:23:43-22
	Hanne Jochumsen	36:48-5	3:00:31-20
21	HSOK hold 1 (353)		3:01:46
	Kirsten Ellekilde	1:03:41-20	1:03:41-20
	Gull-May Knudsen	1:09:00-21	2:12:41-21
	Sigrunn Hass	49:05-17	3:01:46-21
	Vinderød hold 1 (364)		Vinderød hold 1
(364)	Birte Agervold	59:23-19	59:23-19
	Inge-lise Karvinen	42:47-9	1:42:10-17

Stafet H13-16

Rank	Navn	Etapetid	Total tid
1	Silkeborg OK hold 1 (264)		1:43:29
	Anders Schmidt	44:31-5	44:31-5
	Asbjørn Mathiasen	31:03-1	1:15:34-3
	Søren Bobach	27:55-1	1:43:29-1
2	FIF Hillerød hold 1 (262)		1:43:42
	Rasmus Folino Nielsen	31:50-2	31:50-2
	Christopher Wiberg	40:25-2	1:12:15-1
	Andreas Olesen	31:27-2	1:43:42-2
3	Alle-PI-SK hold 1 (260)		1:51:47
	Kasper Fjellerup	31:18-1	31:18-1
	Andreas Bergmann	41:31-3	1:12:49-2
	Camilla Bergmann	38:58-3	1:51:47-3
4	Herning Ok hold 1 (263)		2:11:21
	Kristian Vad	34:16-3	34:16-3
	Martin Iversen	55:03-5	1:29:19-4

	Mark Mikkelsen	42:02-4	2:11:21-4	
5	Farum hold 1 (265)		2:16:42	
	Jens Hulgaard	42:37-4	42:37-4	
	Anders Kjær Bruun	50:16-4	1:32:53-5	
	Ulrik Birch Rosenberg	43:49-5	2:16:42-5	
6	Ålborg OK hold 1 (266)		2:45:32	
	Martin Pedersen	57:53-7	57:53-7	
	Mikkel Johansen	1:02:09-6	2:00:02-6	
	Bjarke Boserup	45:30-6	2:45:32-6	
DSQ	OK Øst hold 1 (261)		2:28:22	
	Alex Vink	10:42	10:42	DSQ
	Hans Skaarup Larsen	1:41:49	1:52:31	DSQ
	Rasmus Boas	35:51	2:28:22	DSQ
DSQ	Roskilde hold 2 (268)		1:50:29	
	Michael Kreiberg	39:00	39:00	
	Kim Baunehøj Pedersen	38:51	1:17:51	DSQ
	Michael Andersen	32:38	1:50:29	
DNS	Roskilde hold 1 (267)		1:42:26	
	Anders B. Nielsen	52:04	52:04	
	Christian Jensen	50:22	1:42:26	
	Dan Frederiksen	00:00	1:42:26	DNS

Stafet H17-20

Rank	Navn	Etapetid	Total tid
1	FIF Hillerød hold 1 (276)		2:19:12
	Emil Folino Nielsen	48:15-4	48:15-4
	Rasmus Djurhuus	45:53-1	1:34:08-2
	Kasper Andersen	45:04-1	2:19:12-1
2	FIF Hillerød hold 2 (277)		2:19:15
	Anders Konring Olesen	45:24-2	45:24-2
	Sigge Lundedal Jensen	48:32-2	1:33:56-1
	Jeppe Ruud	45:19-2	2:19:15-2
3	Silkeborg OK hold 1 (279)		2:24:48
	Christian Bobach	44:48-1	44:48-1
	Andreas Lyngaa	52:24-4	1:37:12-3
	Jeppe Borch	47:36-3	2:24:48-3
4	Faaborg OK hold 1 (274)		2:35:04
	Bjarne Knudsen	45:52-3	45:52-3
	Simon Kristensen	1:01:36-7	1:47:28-6
	Tue Lassen	47:36-3	2:35:04-4
5	OK Esbjerg hold 1 (281)		2:38:27
	Rasmus Konge Johansen	50:53-5	50:53-5
	Thomas Gadsbølle	50:58-3	1:41:51-4
	Ole Grevang	56:36-5	2:38:27-5
6	Mariager/St. Binderup hold 1 (2		2:44:53
	Martin Christensen	51:48-6	51:48-6
	Rico Hejlsov Mogensen	55:34-5	1:47:22-5
	Chr. Peter Mac Lassen	57:31-6	2:44:53-6
7	Fros/Melfar hold 1 (273)		3:00:22
	Jonas T. Lindorf	58:52-7	58:52-7
	Esben Dalgaard	1:00:37-6	1:59:29-7
	Martin Hansen	1:00:53-7	3:00:22-7
8	Mariager/St. Binderup hold 1 (2		3:13:28
	Lennart Rebsdorf	1:04:12-8	1:04:12-8
	Christian Holm Hansen	1:06:18-9	2:10:30-9
	Lasse Korsbæk	1:02:58-8	3:13:28-8
9	OK Øst hold 1 (275)		3:23:18
	Christian Elgård Nielsen	1:06:36-9	1:06:36-9
	Søren Skaarup Larsen	1:02:52-8	2:09:28-8

	Rune Boas	1:13:50-9	3:23:18-9	
DSQ	Silkeborg OK hold 2 (280)		3:53:42	
	Kristian Jager Nykrog	58:14	58:14	
	Steen R. Kirkegaard	1:18:27	2:16:41	
	Anders Jager Nykrog	1:37:01	3:53:42	DSQ
DSQ	FIF Hillerød hold 3 (278)		2:54:41	
	Casper Wraa	47:46	47:46	
	Anders Bachhausen	1:00:32	1:48:18	
	Toke Ertmann	1:06:23	2:54:41	DSQ
DSQ	OO hold 1 (270)		2:49:26	
	Jesper Stamp	57:55	57:55	DSQ
	Johan Berg	56:46	1:54:41	
	Harald Hermanrud	54:45	2:49:26	

Stafet H21

Rank	Navn	Etapetid	Total tid
1	Faaborg OK hold 1 (100)		2:06:15
	Henrik Jørgensen	55:14-1	55:14-1
	Christian Nielsen	28:58-2	1:24:12-2
	Mikkel Lund	42:03-2	2:06:15-1
2	Farum hold 1 (117)		2:07:37
	Jacob Grønnegaard	55:39-3	55:39-3
	Rasmus Søes	29:36-5	1:25:15-3
	Mads Ingvarlsen	42:22-3	2:07:37-2
3	OK Pan hold 1 (107)		2:08:38
	Jens Knud Maarup	55:26-2	55:26-2
	Rene Rokkjær	28:44-1	1:24:10-1
	Claus Bloch	44:28-5	2:08:38-3
4	Søllerød OK hold 1 (114)		2:09:17
	Peter Horstmann	58:47-6	58:47-6
	Tore Linde	29:23-4	1:28:10-4
	Rune Monrad	41:07-1	2:09:17-4
5	Tisvilde Hegn hold 1 (111)		2:12:06
	Rune Olsen	1:00:05-8	1:00:05-8
	Thomas Jensen	29:00-3	1:29:05-5
	Carsten Jørgensen	43:01-4	2:12:06-5
6	FIF Hillerød hold 1 (106)		2:16:20
	Jacob Hansen	57:29-5	57:29-5
	Keld J. Krosgaard	32:46-9	1:30:15-6
	Lars Lindstrøm	46:05-8	2:16:20-6
7	Ålborg OK hold 1 (123)		2:18:11
	Jakob D Jensen	1:00:41-10	1:00:41-10
	Rasmus Nielsen	32:15-7	1:32:56-7
	Nicolai Nielsen	45:15-6	2:18:11-7
8	OK Pan hold 2 (108)		2:21:02
	Torbjørn Gasbjerg	1:02:39-12	1:02:39-12
	Christian Christensen	31:17-6	1:33:56-8
	Martin Hansen	47:06-9	2:21:02-8
9	OK Øst hold 1 (104)		2:21:30
	Michael Sørensen	59:45-7	59:45-7
	Asger Nielsen	36:03-14	1:35:48-11
	Michael Sommer	45:42-7	2:21:30-9
10	OK Pan hold 3 (109)		2:27:38
	Thomas Hjerrild	1:00:38-9	1:00:38-9
	Ebbe Nielsen	35:07-11	1:35:45-10
	Patrick McGrail	51:53-12	2:27:38-10
11	Farum hold 2 (118)		2:29:45
	Ole Ravnshøj Andersen	1:03:03-15	1:03:03-15
	Jesper Damgaard	34:30-10	1:37:33-12

	Julian Hollingbery	52:12-14	2:29:45-11
12	Ballerup OK hold 1 (121)		2:32:21
	Rune Klausen	1:02:11-11	1:02:11-11
	Kristian Kærsgaard	38:08-15	1:40:19-14
	Bjørn Axelsen	52:02-13	2:32:21-12
13	Ålborg OK hold 2 (124)		2:32:31
	Palle Korsbæk	1:09:33-20	1:09:33-20
	Claus Bobach	32:31-8	1:42:04-15
	Søren Skovrider	50:27-11	2:32:31-13
14	Søllerød OK hold 2 (115)		2:32:47
	Philip Gødesen Lund	1:02:53-14	1:02:53-14
	Steen Olsen	35:23-12	1:38:16-13
	Troels Christiansen	54:31-17	2:32:47-14
15	Horsens OK hold 1 (110)		2:34:23
	Troels Nielsen	55:50-4	55:50-4
	Flemming Thyssen	39:09-16	1:34:59-9
	Tim Christoffersen	59:24-19	2:34:23-15
16	Faaborg OK hold 2 (101)		2:48:29
	Jakob Physant	1:02:50-13	1:02:50-13
	Thomas Lindschow	52:57-24	1:55:47-18
	Erik Knudsen	52:42-15	2:48:29-16
17	Kolding OK hold 1 (120)		2:49:43
	Anders Dalgaard	1:08:26-18	1:08:26-18
	Henrik Uhlemann	43:18-19	1:51:44-17
	Ole Thomsen	57:59-18	2:49:43-17
18	Søllerød OK hold 3 (116)		2:50:37
	Erling Thisted	1:12:57-22	1:12:57-22
	Anders Jonsson	47:17-22	2:00:14-22
	Michael Aasøe	50:23-10	2:50:37-18
19	OK Pan hold 4 (119)		2:52:41
	Bjarke Refslund	1:09:33-20	1:09:33-20
	Kim Rokkjær	42:00-18	1:51:33-16
	Gert Johansson	1:01:08-20	2:52:41-19
20	Tisvilde Hegn hold 2 (112)		2:57:30
	Johan Fegar	1:07:39-16	1:07:39-16
	Anders Kassow	55:32-25	2:03:11-23
	Jesper D. Jensen	54:19-16	2:57:30-20
21	TRRI hold 1 (103)		3:06:11
	Johan Mac Lassen	1:08:02-17	1:08:02-17
	Mette M. Nielsen	48:59-23	1:57:01-20
	Søren S. Sørensen	1:09:10-22	3:06:11-21
22	Ballerup OK hold 2 (122)		3:07:08
	Martin Andersen	1:13:00-23	1:13:00-23
	Lars Rasmussen	45:59-20	1:58:59-21
	Mads Mikkelsen	1:08:09-21	3:07:08-22
23	Holstebro OK hold 1 (113)		3:07:48
	Thomas Skouenborg	1:09:26-19	1:09:26-19
	Mogens Vennevold	46:30-21	1:55:56-19
	Thomas K. Hansen	1:11:52-23	3:07:48-23
24	OK Øst hold 2 (105)		3:23:18
	Johan Holkmann Jacobsen	1:28:53-24	1:28:53-24
	Jesper Grooss	35:56-13	2:04:49-24
	Roland Dumong	1:18:29-24	3:23:18-24
25	Ok Syd hold 1 (102)		3:37:18
	Rasmus Ejlersen	1:30:39-25	1:30:39-25
	Karsten Jøhnik	41:59-17	2:12:38-25
	Sten Oluf Jansson	1:24:40-25	3:37:18-25

Stafet H35

Rank	Navn	Etapetid	Total tid	
1	Kolding OK hold 1 (137) Jesper Fenger-Grøn Bjarne Hoffmann Flemming Jørgensen	50:53-2 48:51-2 43:33-1	2:23:17 50:53-2 1:39:44-1 2:23:17-1	
2	OK Øst hold 1 (130) Bjarne Topp Jakob Ødum Rasmus Ødum	52:53-3 47:30-1 45:18-2	2:25:41 52:53-3 1:40:23-2 2:25:41-2	
3	FIF Hillerød hold 1 (132) John Søndergård Lars Simonsen Bo Simonsen	50:49-1 51:52-4 55:08-7	2:37:49 50:49-1 1:42:41-3 2:37:49-3	
4	Kolding OK hold 2 (138) Peer H. Kristensen Poul Mouritsen Claus Lyngby	57:10-6 51:15-3 50:56-3	2:39:21 57:10-6 1:48:25-4 2:39:21-4	
5	Tisvilde Hegn hold 1 (135) Rolf Valery Henrik Markvardsen Tim Falck Weber	56:21-5 52:21-5 51:10-4	2:39:52 56:21-5 1:48:42-5 2:39:52-5	
6	Herlufsholm hold 1 (143) Arne Kristensen Jesper Børsting Thomas Eriksen	58:58-8 58:13-6 53:03-6	2:50:14 58:58-8 1:57:11-6 2:50:14-6	
7	OK Pan hold 1 (134) Kenneth Skaug Jørn Riis Kell Sønnichsen	56:17-4 1:06:01-9 52:50-5	2:55:08 56:17-4 2:02:18-7 2:55:08-7	
8	Kolding OK hold 5 (141) Lars Eeg Højholt Christen K. Laursen Henrik Lund	1:09:04-10 1:04:28-8 1:06:56-9	3:20:28 1:09:04-10 2:13:32-9 3:20:28-8	
9	Kolding OK hold 4 (140) Per Eg Pedersen Leif Elbæk Kim Linde	1:06:10-9 1:10:06-10 1:11:43-10	3:27:59 1:06:10-9 2:16:16-11 3:27:59-9	
10	OK Esbjerg hold 1 (136) Lars Nissen Kurt Thorøe Henrik B. Thomsen	1:14:51-14 1:14:23-12 1:01:05-8	3:30:19 1:14:51-14 2:29:14-13 3:30:19-10	
11	OK Øst hold 2 (131) Henrik Sandgaard Lars Jensen Gunner Sie	1:12:28-11 1:00:42-7 1:30:11-11	3:43:21 1:12:28-11 2:13:10-8 3:43:21-11	
12	Kolding OK hold 3 (139) Jes Aage Henning Thomas Uhlemann H. C. Iversen	58:40-7 1:15:18-13 1:35:15-13	3:49:13 58:40-7 2:13:58-10 3:49:13-12	
13	Holbæk hold 1 (142) Claus Mikkelsen Henrik Nielsen Ole Galle	1:14:11-12 1:11:50-11 1:34:23-12	4:00:24 1:14:11-12 2:26:01-12 4:00:24-13	
DNS	HSOK hold 1 (133) Jens Lyk-Jensen Alex Andresen Jonas Blomqvist	1:14:40 53:50 00:00	2:08:30 1:14:40 2:08:30 2:08:30	DNS

Stafet H40

Rank	Navn	Etapetid	Total tid
1	Farum hold 1 (160) Tore Hulgaard Jens Hansen Helge Lang Pedersen	52:53-3 48:18-1 48:54-2	2:30:05 52:53-3 1:41:11-1 2:30:05-1
2	Ålborg OK hold 1 (163) Jørgen Bruun Walther Rahbek Jan Møller	52:41-1 58:00-5 47:09-1	2:37:50 52:41-1 1:50:41-3 2:37:50-2
3	OK 73 hold 1 (158) Jens Nørgaard Bjarke Sucksdorff Peter Østergaard	55:52-7 58:37-6 52:57-3	2:47:26 55:52-7 1:54:29-6 2:47:26-3
4	OK Øst hold 1 (155) Jens Bentsen Claus Carlsen Peter Bäcker Hansen	55:57-8 54:51-3 56:57-4	2:47:45 55:57-8 1:50:48-4 2:47:45-4
5	OK Pan hold 1 (156) Torben Utzon Kent Lodberg Jan Hauerslev	52:49-2 48:48-2 1:08:29-9	2:50:06 52:49-2 1:41:37-2 2:50:06-5
6	Silkeborg OK hold 1 (159) Morten Kjær Morten Jensen Niels Stadel	55:32-6 56:57-4 1:06:28-8	2:58:57 55:32-6 1:52:29-5 2:58:57-6
7	Roskilde hold 1 (165) Kent Pihl Claus Pedersen Anders Laage Kragh	55:16-5 1:06:03-8 1:15:12-12	3:16:31 55:16-5 2:01:19-8 3:16:31-7
8	Ålborg OK hold 2 (164) Michael Fischer Søren Bak Finn Boserup	54:55-4 1:00:55-7 1:20:59-14	3:16:49 54:55-4 1:55:50-7 3:16:49-8
9	Fros/Melfar hold 1 (151) Claus F. Christensen Carsten Lind John Hansen	1:02:03-10 1:07:12-9 1:18:51-13	3:28:06 1:02:03-10 2:09:15-9 3:28:06-9
10	Århus 1900 hold 1 (157) Keld Abrahamsen Ole Gjøderum Anders Edsen	1:01:33-9 1:13:10-10 1:13:50-11	3:28:33 1:01:33-9 2:14:43-10 3:28:33-10
11	Svendborg OK hold 1 (152) Bjarne Christensen Finn Henriksen Bjarne Andersen	1:02:07-12 1:19:22-12 1:09:38-10	3:31:07 1:02:07-12 2:21:29-12 3:31:07-11
12	Alle-PI-SK hold 1 (153) Henrik Wiberg Jan Kofoed Nielsen Jørgen Rolighed	1:02:17-13 1:23:49-14 1:05:05-6	3:31:11 1:02:17-13 2:26:06-13 3:31:11-12
13	Ballerup OK hold 2 (162) Lars Hanghøj Petersen Erik Marcussen Jan Hjorth Andersen	1:02:05-11 1:16:30-11 1:25:59-15	3:44:34 1:02:05-11 2:18:35-11 3:44:34-13
14	TRRI hold 1 (154) Preben L. Andersen Lars Humle Jes Mose Jensen	1:29:04-15 1:20:09-13 1:00:12-5	3:49:25 1:29:04-15 2:49:13-14 3:49:25-14

15	OO hold 1 (150)		4:28:57
	Tommy Iversen	1:25:12-14	1:25:12-14 Restart
	Michael Vainio-Pedersen	1:58:35-15	3:23:47-15 Restart
	Allan Grundsøe	1:05:10-7	4:28:57-15 Restart
DSQ	Ballerup OK hold 1 (161)		2:51:07
	Troels Christensen	53:01	53:01 DSQ
	Jens-Christian Jørgensen	59:40	1:52:41
	Frank Rasmussen	58:26	2:51:07

Stafet H45

Rank	Navn	Etapetid	Total tid
1	Herning Ok hold 1 (178)		2:35:08
	Hans Jørgen Vad	55:13-5	55:13-5
	Jens Jørgen Jensen	51:05-1	1:46:18-2
	Mogens Hald	48:50-3	2:35:08-1
2	HTF hold 1 (179)		2:37:35
	Arne Bertelsen	55:13-5	55:13-5
	Jens Peder Jensen	55:22-3	1:50:35-3
	Steffen Alm	47:00-2	2:37:35-2
3	HSOK hold 1 (177)		2:40:29
	Laus Seir Hansen	52:35-2	52:35-2
	Svend Erik Mathiassen	51:43-2	1:44:18-1
	Rolf Lund	56:11-5	2:40:29-3
4	Viborg hold 1 (172)		2:50:18
	Kaj Pedersen	53:21-4	53:21-4
	Torben Hansen	59:34-7	1:52:55-5
	Bent Hansen	57:23-6	2:50:18-4
5	FIF Hillerød hold 1 (175)		2:53:09
	Søren Larsen	1:09:42-11	1:09:42-11
	Lars Sørensen	57:18-5	2:07:00-8
	Lars Konradsen	46:09-1	2:53:09-5
6	OO hold 1 (170)		2:53:21
	Finn Møllerup Nilsson	1:03:54-8	1:03:54-8
	Kresten Madsen	55:37-4	1:59:31-6
	Klavs Madsen	53:50-4	2:53:21-6
7	OK Esbjerg hold 1 (181)		2:59:01
	Ole Gadsbølle	49:19-1	49:19-1
	Lars Grevang	1:01:40-8	1:50:59-4
	Tron Solberg	1:08:02-9	2:59:01-7
8	Mariager/St. Binderup hold 1 (1)		3:11:25
	Jens Christensen	55:46-7	55:46-7
	Helge Søgaard	1:07:30-10	2:03:16-7
	Gert Rebsdorf	1:08:09-10	3:11:25-8
9	Randers Ok hold 1 (184)		3:12:19
	Ulrik Cramer	1:09:08-10	1:09:08-10
	Henrik Valentinsen	1:03:50-9	2:12:58-10
	Kaj Jansson	59:21-7	3:12:19-9
10	Roskilde hold 1 (185)		3:23:47
	Jan Frederiksen	1:14:22-13	1:14:22-13
	Per Tripax	58:39-6	2:13:01-11
	Lars Olsen	1:10:46-11	3:23:47-10
11	OK Øst hold 1 (174)		3:31:47
	Thomas Østergaard	1:04:52-9	1:04:52-9 Restart
	Gert Steffensen	1:07:53-11	2:12:45-9 Restart
	Jan Jakobsen	1:19:02-12	3:31:47-11 Restart
12	Herlufsholm hold 1 (180)		3:37:10
	Frans Andersen	1:14:18-12	1:14:18-12 Restart
	Svend-Erik Munck	1:17:09-12	2:31:27-12 Restart
	Torben Kristensen	1:05:43-8	3:37:10-12 Restart

DSQ	Farum hold 1 (182)		3:23:09	
	Kai Beck-Andersen	1:09:53	1:09:53	
	Lars Vedel Jørgensen	1:03:19	2:13:12	
	Ove Jakobsen	1:09:57	3:23:09	
DSQ	Ballerup OK hold 1 (183)		3:02:08	
	Gregers Jørgensen	1:07:03	1:07:03	DSQ
	Lemmie Rotving	58:14	2:05:17	
	Jørgen Skaarup	56:51	3:02:08	
DSQ	Alle-PI-SK hold 1 (173)		2:43:21	
	Torkil Hansen	53:05	53:05	
	Jørn Lind	56:26	1:49:31	
	Troels Bent Hansen	53:50	2:43:21	DSQ
DNS	FIF Hillerød hold 2 (176)		00:00	
	Emil Olesen	00:00	00:00	DNS
		00:00	00:00	DNS
		00:00	00:00	DNS
	Ålborg PI hold 1 (186)			
	Egon Sloth	53:05-3	53:05-3	

Stafet H50

Rank	Navn	Etapetid	Total tid
1	Tisvilde Hegn hold 1 (203)		2:09:52
	Keld Johnsen	40:52-1	40:52-1
	Gunnar Grue-Sørensen	49:15-3	1:30:07-1
	Leif E. Larsen	39:45-1	2:09:52-1
2	Silkeborg OK hold 1 (202)		2:16:52
	Erik Nysom	42:40-3	42:40-3
	Lars Borch	51:02-6	1:33:42-2
	Knud Fjordvald	43:10-2	2:16:52-2
3	Viborg hold 2 (193)		2:22:24
	Jørgen Jørgensen	48:46-4	48:46-4
	Michael Dickenson	47:09-1	1:35:55-4
	Arne Moe-Jensen	46:29-5	2:22:24-3
4	Skive AMOK hold 1 (191)		2:24:56
	Erik Flarup	42:07-2	42:07-2
	Niels A.K. Hansen	51:52-7	1:33:59-3
	Niels Filtenborg Mortensen	50:57-7	2:24:56-4
5	Roskilde hold 1 (207)		2:31:57
	Finn Petersen	53:31-11	53:31-11
	Asger Jensen	50:32-5	1:44:03-8
	Aksel Andersen	47:54-6	2:31:57-5
6	OO hold 1 (190)		2:36:29
	Gerhard Jensen	57:59-16	57:59-16
	Torben Rasmussen	54:06-9	1:52:05-11
	Tom Andersen	44:24-3	2:36:29-6
7	OK Pan hold 1 (199)		2:36:45
	Poul Egander Grøn	55:58-14	55:58-14
	John Holm	56:09-10	1:52:07-12
	Ivan Christensen	44:38-4	2:36:45-7
8	Horsens OK hold 2 (201)		2:47:55
	Karsten Knudsen	51:54-8	51:54-8
	Poul Erik Christensen	56:12-11	1:48:06-9
	Henrik Thomsen	59:49-11	2:47:55-8
9	Holstebro OK hold 1 (204)		2:49:20
	Anders Ingvarvsen	54:20-13	54:20-13
	Jørgen Damtoft	48:56-2	1:43:16-6
	Frede Truelsen	1:06:04-13	2:49:20-9

10	OK Esbjerg hold 1 (205) Tonny Schwärter Hans Jochumsen Jørgen Bang	51:20-7 50:04-4 1:09:10-15	2:50:34 51:20-7 1:41:24-5 2:50:34-10	
11	HSOK hold 1 (198) Leif Kofoed Finn Postma Flemming Wendelboe	53:59-12 1:09:03-15 52:07-8	2:55:09 53:59-12 2:03:02-16 2:55:09-11	
12	Faaborg OK hold 1 (206) Erik Damgaard Leif Knudsen Frank Petersen	49:45-5 53:41-8 1:11:51-16	2:55:17 49:45-5 1:43:26-7 2:55:17-12	
13	Horsens OK hold 1 (200) Eigil Nielsen Finn Ingwersen Peer Straarup	52:10-9 1:08:23-14 55:56-9	2:56:29 52:10-9 2:00:33-13 2:56:29-13	
14	Ok Syd hold 1 (196) Jørn Holger Klausen Jon Mathiasen Birger Jønsson	52:28-10 58:32-12 1:06:47-14	2:57:47 52:28-10 1:51:00-10 2:57:47-14	
15	Fros/Melfar hold 1 (194) Torben Hansen Henning Skårup Sven Madsen	51:18-6 1:09:55-16 57:32-10	2:58:45 51:18-6 2:01:13-15 2:58:45-15	
16	OK Øst hold 1 (197) Jørn Haarby Lasse Schnack Ole Sommer	57:35-15 1:02:58-13 1:05:10-12	3:05:43 57:35-15 2:00:33-13 3:05:43-16	
DSQ	Viborg hold 1 (192) Steen Frandsen Keld Gade Michael Øhrstrøm	42:44 43:53 52:05	2:18:42 42:44 1:26:37 2:18:42	DSQ
DSQ	Alle-PI-SK hold 1 (195) Erik Sørensen Steen Sørensen Knud Torm	48:31 1:07:46 1:20:21	3:16:38 48:31 1:56:17 3:16:38	DSQ

Stafet H55

Rank	Navn	Etapetid	Total tid	
1	Randers Ok hold 1 (231) Finn Søndergaard Carl Malling Ronnie MacGrail	39:47-4 45:55-3 42:36-2	2:08:18 39:47-4 1:25:42-2 2:08:18-1	
2	Roskilde hold 1 (232) John Tripax Ole Svendsen Janne Brunstedt	43:18-9 48:30-7 39:47-1	2:11:35 43:18-9 1:31:48-4 2:11:35-2	
3	OK Pan hold 1 (217) Lasse Werling Per Jessen-Klixbüll Flemming Nørsgaard	39:08-1 47:28-5 47:41-9	2:14:17 39:08-1 1:26:36-3 2:14:17-3	
4	Silkeborg OK hold 1 (220) Svend Borgbjerg Claus Faber Kjeld Appel	39:44-2 43:50-1 52:22-13	2:15:56 39:44-2 1:23:34-1 2:15:56-4	
5	HTF hold 1 (218) Jørn F. Andersen Hans Nielsen Finn Jørgensen	43:41-11 49:14-8 43:04-3	2:15:59 43:41-11 1:32:55-5 2:15:59-5	

6	Alle-PI-SK hold 1 (214)		2:16:37
	Leif Jensen	43:08-8	43:08-8
	Mogens Hansen	50:15-10	1:33:23-8
	Carl-Henrik Guldbæk	43:14-4	2:16:37-6
7	Tisvilde Hegn hold 1 (222)		2:17:10
	Niels Landsperg	48:02-16	48:02-16
	Flemming D. Andersen	45:43-2	1:33:45-9
	Klaus Olsen	43:25-5	2:17:10-7
8	Ballerup OK hold 1 (226)		2:18:23
	Jørn Simonsen	46:16-15	46:16-15
	Kuno Rasmussen	46:50-4	1:33:06-7
	Per Aaes Christoffersen	45:17-6	2:18:23-8
9	OK Gorm hold 1 (230)		2:21:08
	Karl Kristian Terkelsen	39:45-3	39:45-3
	Bent Nielsen	55:01-16	1:34:46-11
	Poul Erik Buch	46:22-8	2:21:08-9
10	FIF Hillerød hold 1 (215)		2:23:16
	Karsten Schultz	40:51-5	40:51-5
	Jens Holmgård	53:08-12	1:33:59-10
	Karsten Funder	49:17-11	2:23:16-10
11	Ålborg OK hold 2 (229)		2:23:41
	Per Jørgensen	43:30-10	43:30-10
	Ulf Mogensen	49:33-9	1:33:03-6
	Erik Netteberg Jørgensen	50:38-12	2:23:41-11
12	Ålborg OK hold 1 (228)		2:25:23
	Poul Bobach	44:25-12	44:25-12
	Kai Ø. Laursen	53:08-12	1:37:33-13
	Jørgen Nielsen	47:50-10	2:25:23-12
12	Svendborg OK hold 1 (213)		2:25:23
	Svend Johansen	51:21-17	51:21-17
	Jørgen Olesen	47:45-6	1:39:06-14
	Jens M. Ibsen	46:17-7	2:25:23-12
14	OK Esbjerg hold 1 (224)		2:37:30
	Per Christensen	46:03-14	46:03-14
	Louis A. Sørensen	53:33-14	1:39:36-15
	Henrik Hansen	57:54-15	2:37:30-14
15	Fros/Melfar hold 1 (212)		2:47:40
	Erik Grooss	42:58-7	42:58-7
	Ole Hoffmann	54:33-15	1:37:31-12
	Per Allan Pedersen	1:10:09-20	2:47:40-15
16	SG hold 1 (227)		2:52:22
	Niels Tulinius	45:46-13	45:46-13
	Michael Hansen	1:05:55-18	1:51:41-17
	Kaare Vindfeld	1:00:41-17	2:52:22-16
17	Silkeborg OK hold 2 (221)		2:55:59
	Asmus Wonsyld	55:57-19	55:57-19
	Eigil Skammelsen	52:29-11	1:48:26-16
	Claus Poulsen	1:07:33-19	2:55:59-17
18	FIF Hillerød hold 2 (216)		3:09:07
	Henning Løwenstein	1:04:09-20	1:04:09-20
	Erik Klogborg	1:05:44-17	2:09:53-18
	Vagn Gasbjerg	59:14-16	3:09:07-18
19	Lyngby OK hold 1 (211)		3:17:14
	Finn Blom Christensen	55:15-18	55:15-18
	Helge Johansen	1:15:00-19	2:10:15-19
	Jim Chalmers	1:06:59-18	3:17:14-19
20	OO hold 1 (210)		3:55:38
	Wolfgang Schulz	42:18-6	42:18-6
	Mogens Funck Jensen	2:18:49-20	3:01:07-20
	Palle Møller Nielsen	54:31-14	3:55:38-20

DSQ	Horsens OK hold 1 (219)		2:36:41	
	Troels Jensen	46:50	46:50	DSQ
	Tage Baun	51:16	1:38:06	DSQ
	Henning Larsen	58:35	2:36:41	
DSQ	Farum hold 1 (225)		2:58:08	
	Ole Husen	53:26	53:26	DSQ
	Ole Christiansen	48:43	1:42:09	
	Holger Karlsmose	1:15:59	2:58:08	
DSQ	Søllerød OK hold 1 (223)		2:35:14	
	Jørgen Münster-Swendsen	43:26	43:26	DSQ
	Mogens Jørgensen	54:50	1:38:16	
	Gert Bøgevig	56:58	2:35:14	

Stafet H60

Rank	Navn	Etapetid	Total tid	
1	OK 73 hold 1 (244)		2:06:26	
	Knud Lykking	48:14-5	48:14-5	
	Keld Olsen	38:20-1	1:26:34-1	
	Arne Bech	39:52-1	2:06:26-1	
2	OO hold 1 (240)		2:13:12	
	Gunner Askov	44:20-1	44:20-1	
	Karsten Mogensen	47:15-3	1:31:35-2	
	H. V. Jensen	41:37-2	2:13:12-2	
3	Farum hold 1 (248)		2:18:13	
	Erik Kelvin Hansen	46:14-3	46:14-3	
	Henning Nielsen	47:21-4	1:33:35-5	
	Thomas Søes	44:38-3	2:18:13-3	
4	Faaborg OK hold 1 (241)		2:19:34	
	Aksel Skovlyst	45:05-2	45:05-2	
	Ove Lund	48:24-5	1:33:29-4	
	Hans Larsen	46:05-4	2:19:34-4	
5	Herlufsholm hold 1 (247)		2:22:36	
	Jens Asserbo	46:20-4	46:20-4	
	Niels Lyhne	46:55-2	1:33:15-3	
	Peter Bjørn Jensen	49:21-5	2:22:36-5	
6	OK Pan hold 1 (243)		2:55:23	
	Alfred Bech	55:27-7	55:27-7	
	Poul Jørgensen	1:03:06-6	1:58:33-6	
	Bent Nielsen	56:50-6	2:55:23-6	
7	OK 73 hold 2 (245)		3:04:22	
	Gunner Jørgensen	48:14-5	48:14-5	
	Jørn Andreassen	1:12:25-7	2:00:39-7	
	Tom Petersen	1:03:43-7	3:04:22-7	
DSQ	Horsens OK hold 1 (246)		3:08:57	
	Ole Christensen	53:35	53:35	DSQ
	Jørgen Skovby	1:17:29	2:11:04	
	Svend Aage Sørensen	57:53	3:08:57	
DSQ	HSOK hold 1 (242)		2:40:45	
	Flemming Marcussen	55:57	55:57	DSQ
	Flemming Larsen	1:00:09	1:56:06	
	John Miené	44:39	2:40:45	

Stafet H65

Rank	Navn	Etapetid	Total tid	
1	Tisvilde Hegn hold 1 (254)		1:45:52	
	Mogens Henriksen	42:39-3	42:39-3	
	Kurt Valery	32:14-1	1:14:53-1	
	Egon Neregaard	30:59-1	1:45:52-1	

2	OO hold 1 (250) Torsten Boe Larsen Jørgen Voigt Arnsted Preben Christiansen	38:04-1 43:50-2 32:55-2	38:04-1 1:21:54-2 1:54:49-2	1:54:49
3	OO hold 2 (251) Jørgen Raaen Rasmussen Lars Jeppesen Olav Odgaard	38:29-2 44:03-5 40:36-6	38:29-2 1:22:32-3 2:03:08-3	2:03:08
4	Farum hold 1 (255) Bendt Frandsen Jørgen Lund-Hansen Arne Andersen	44:01-4 43:52-3 35:29-3	44:01-4 1:27:53-4 2:03:22-4	2:03:22
5	OK 73 hold 1 (253) Ole Hansen Jørgen Poulsen Bent Mortensen	44:58-7 43:59-4 35:57-4	44:58-7 1:28:57-5 2:04:54-5	2:04:54
6	Viborg hold 1 (252) Finn Faxner Ib Knudsen Preben Munk Eriksen	44:43-5 51:40-7 39:37-5	44:43-5 1:36:23-7 2:16:00-6	2:16:00
7	Ballerup OK hold 1 (257) Govert Heede Mogens Køhler Gunnar Tamberg	44:47-6 45:20-6 46:43-8	44:47-6 1:30:07-6 2:16:50-7	2:16:50
8	Kolding OK hold 1 (256) Paul Staugaard Niels J. Møller Hansen N.P. Pedersen	54:08-8 59:20-8 42:46-7	54:08-8 1:53:28-8 2:36:14-8	2:36:14

Stafet HD185

Rank	Navn	Etapetid	Total tid	
1	Kolding OK hold 1 (425) Henning Frandsen Rita Jacobsen Jørn Thomsen	36:43-3 49:46-5 29:52-1	36:43-3 1:26:29-5 1:56:21-1	1:56:21
2	HSOK hold 1 (420) Jørgen Jensen Marie Krosgaard Peter Larsen	36:24-2 46:29-3 36:00-2	36:24-2 1:22:53-2 1:58:53-2	1:58:53
3	Herning Ok hold 1 (421) Asger Kristensen Inger Knudsen Åge Knudsen	39:25-4 44:28-2 38:07-3	39:25-4 1:23:53-4 2:02:00-3	2:02:00
4	Tisvilde Hegn hold 1 (423) Dolfi Rotovnik Helen Neregaard Ole Vexø	41:26-5 52:17-6 38:25-4	41:26-5 1:33:43-6 2:12:08-4	2:12:08
5	Køge OK hold 1 (422) Kurt Dose Niels Jørgen Pedersen Anne Nielsen	42:05-6 39:58-1 57:52-5	42:05-6 1:22:03-1 2:19:55-5	2:19:55
6	Tisvilde Hegn hold 2 (424) Ole D. Jensen Aase Neregaard Poul Erik Birk Jakobsen	36:11-1 46:50-4 58:10-6	36:11-1 1:23:01-3 2:21:11-6	2:21:11

Stafet ÅK

Rank	Navn	Etapetid	Total tid
1	HSOK hold 1 (444) Mads Wendelboe Tajs Holm Rikke Kofoed	54:42-1 28:18-1 46:23-9	2:09:23 54:42-1 1:23:00-1 2:09:23-1
2	Tisvilde Hegn hold 1 (446) Peter Wraa Dan Haagerup Morten Neregaard	1:09:11-8 32:59-6 35:27-2	2:17:37 1:09:11-8 1:42:10-4 2:17:37-2
3	FIF Hillerød hold 2 (443) Jesper Rosenberg Ruth Ertmann Bo Ertmann	1:07:51-5 35:39-8 41:24-4	2:24:54 1:07:51-5 1:43:30-6 2:24:54-3
4	Holbæk hold 1 (448) Per Schou Nina Henriksen Tage Frydendal	1:12:26-9 30:37-3 43:43-6	2:26:46 1:12:26-9 1:43:03-5 2:26:46-4
5	Lyngby OK hold 1 (433) Dan Jespersen Rasmus Lau Petersen John H. Petersen	1:09:04-6 31:36-4 46:44-10	2:27:24 1:09:04-6 1:40:40-2 2:27:24-5
6	OO hold 2 (431) Maja Bramming Jette Bønløkke Post Rikke Stamp	1:15:41-11 37:00-9 35:07-1	2:27:48 1:15:41-11 1:52:41-12 2:27:48-6
7	FIF Hillerød hold 1 (442) Morten Sloth Hans Sloth Berit Olesen	55:33-2 53:30-16 39:52-3	2:28:55 55:33-2 1:49:03-10 2:28:55-7
8	Faaborg OK hold 2 (438) Anders Knudsen Conor Klingenberg Ethna Cavanagh	1:04:09-4 41:32-11 43:37-5	2:29:18 1:04:09-4 1:45:41-7 2:29:18-8
9	Faaborg OK hold 1 (437) Søren Klingenberg Tove Skovlyst Inge Knudsen	58:47-3 48:30-15 44:28-7	2:31:45 58:47-3 1:47:17-8 2:31:45-9
10	OO hold 1 (430) Holger Mikkelsen Erik Andersen Bent Jensen	1:19:43-14 28:30-2 47:31-11	2:35:44 1:19:43-14 1:48:13-9 2:35:44-10
11	Alle-PI-SK hold 1 (441) Michael Kjersgaard Martin Hooge Brynn Hull	1:09:06-7 31:48-5 57:40-15	2:38:34 1:09:06-7 1:40:54-3 2:38:34-11
12	Lyngby OK hold 2 (434) Jette Stepputat Heidi Kristensen Anne Bulow-Olsen	1:15:53-13 35:22-7 51:25-12	2:42:40 1:15:53-13 1:51:15-11 2:42:40-12
13	Roskilde hold 1 (451) Finn Olsen Carina Meyer Jette Kreiberg	1:24:29-16 38:43-10 52:57-13	2:56:09 1:24:29-16 2:03:12-16 2:56:09-13
14	Svendborg OK hold 2 (440) Knud Erik Thomsen Hanne West Herluf Jensen	1:21:21-15 41:48-13 53:12-14	2:56:21 1:21:21-15 2:03:09-15 2:56:21-14

15	Viborg hold 1 (435)		3:01:38	
	Jacob Gade	1:15:41-11	1:15:41-11	
	Maria Friis Pedersen	44:42-14	2:00:23-14	
	Pia Gade	1:01:15-16	3:01:38-15	
16	Århus 1900 hold 1 (445)		3:15:06	
	Erik Søgaard	1:15:31-10	1:15:31-10	
	Ingrid Søgaard	41:35-12	1:57:06-13	
	Birgit Rasmussen	1:18:00-17	3:15:06-16	
17	Svendborg OK hold 1 (439)		3:27:19	
	Jette Sørensen	1:34:10-17	1:34:10-17	
	Lisbeth A. West	1:07:00-17	2:41:10-17	
	Bjørn R. Christoffersen	46:09-8	3:27:19-17	
DSQ	FIF Hillerød hold 3 (449)		2:19:30	
	Lauge Sørensen	38:31	38:31	DSQ
	Mette Klinting	41:54	1:20:25	
	Anders Klinting	59:05	2:19:30	
DSQ	Fros/Melfar hold 1 (436)		4:07:18	
	Kasper Lind	1:38:26	1:38:26	
	Birthe Nielsen	1:53:22	3:31:48	DSQ
	Lars Olesen	35:30	4:07:18	
DSQ	Ballerup OK hold 1 (447)		3:16:30	
	Siri Klausen	1:16:35	1:16:35	DSQ
	Mie Marcussen	34:30	1:51:05	
	Inge Lene Holm	1:25:25	3:16:30	
DNS	Roskilde hold 2 (452)		1:54:43	
	Leni Møllsøe	1:05:27	1:05:27	DNS
	Ane Veierskov	49:16	1:54:43	
		00:00	1:54:43	DNS